



AUGUST 2020

## Slip closes Lions Bush Walkway ...

Recent extreme wet and stormy weather which followed the long dry has caused a very large slip on the Paparoa Lions Bush Walkway. The slip has taken out the full width of the track, along with the large pine tree which previously has helped to stabilise the river bank. As a result, the walkway is now closed until it can be realigned.



The pine tree taking the track with it into the river on the Paparoa Lions Bush Walkway

Meanwhile, over the coming weeks contractors will begin building boardwalk over kauri roots near the Pahi Road end of the track. This also will mean closure while construction work is carried out.

In order for construction of the boardwalk to proceed with the funds available, Paparoa Lions have taken on the task of delivering the materials to the site. Part of this delivery process is going to involve

carrying short lengths of timber etc. by hand for the last few metres. The Lions Club would like to hear from people in the community who would be willing to help with this task (many hands make light work!)

Anyone interested, please contact any Lion or PPI member for more information.

Jim Rowlands 021 444 370.

## Poetry & Song Lyric Competition

### EBB AND FLOW OF THE KAIPARA

The Kauri Museum is excited to be part of NATIONAL POETRY DAY on 21 August. We invite you get involved in this year's 'Poetry and Song Lyric Competitions'.

Writing poems and songs was a favourite pastime of many early settlers and those isolated out in the bush, so get your pens out and start writing!

There are prizes to be won in both adult and school student sections.

The theme for both events is 'EBB AND FLOW OF THE KAIPARA.'

Open mic performances will be held at The Kauri Museum, 5 Church Road, Matakoho.

### ENTRIES:

The adult section is open to ages 18 years and over. OPEN for entries NOW until 8 August. You will be expected to read/perform your work at the Open Mic Night on 21 August.

### SCHOOL STUDENT'S SECTION

Open to ages 5-17, in three categories. Entries open 21 August, close 10 September, leading to performance (optional) 25 September.

For full details and entry forms, visit the 'What's On' page on our website [kaurimuseum.com](http://kaurimuseum.com)

## Paparoa Sports and Recreation Association Community Dinner



Paparoa Sports Pavilion

Saturday 29 August 2020 from 6.30pm.

We offer a special welcome to new residents of our community to come and meet with others.

Delicious meal, light entertainment and good company.

Adults \$20.00, Gold Card holders \$17.00, Children \$10.00 (up to age 16) or Family \$50.00 (2 adults & 2 children)

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BYO drinks

Book early to avoid disappointment!

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## Paparooa Press PP

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### ADVERTISING

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15<sup>th</sup> of month

Publication date 1<sup>st</sup> of month

## Council Mark says ... I'm speechless!

Just as we were recovering from the shock of a \$100 million contribution to restoring the health of the Kaipara Harbour through a variety of restoration projects we then found out on the 14th of July that three worthy community enterprises had received a substantial boost to their finances as announced by Regional Development Minister Hon Shane Jones.

I can pick out a couple of themes to these grants: they all have a focus on the future, they all arose from a groundswell of local community effort and local identity.

A group of Paparooa people could see that there was a lack of opportunity for locals who are getting on in years to be able to remain in their community close to the amenities which Paparooa itself has to offer, as well as those wishing to take on an acre or two close by. The upshot was the establishment of **Paparooa Community Charitable Trust**, which is creating a 29 lot development consisting of retirement-sized lots and small lifestyle blocks. Their courage and persistence has paid off with a grant of \$750,000 which will enable the essential civil works to be completed. This will be good for the new

residents to these sites, and good for local businesses which will eventually have another 29 households to be their customers. Congratulations to Graham Taylor and his team's selfless efforts in getting this across the line.

It is predicted that our population will include a greater proportion of older people in future. **The Maungaturoto Community Charitable Trust** recognised this, and for several years has been working on getting a dementia unit added to its existing rest home in Maungaturoto. Their creative and dedicated fundraising efforts up until now have meant that construction has started but now the \$1.8 million government grant means that completion is assured. This is such a worthy scheme, and the project so well run that the only surprise to me is that the funding had not been forthcoming sooner. I doff my hat to you and your team, Don McKay MNZM. Well done.

I hope you, the reader can see the link from the Paparooa lifestyle village and the dementia unit.

The message is that we value our older people and want to make sure that they will be able to remain as part of their community. At the same time, both these enterprises will generate economic activity and provide employment.



Then it was the turn of **The Kauri Museum**. I was chairman of its board for a brief time, so I have an appreciation of its operational needs as well as the importance of it adapting to meet future needs with more of a focus on an educational function. From my time on the board, one of the things I learned was what it meant to be part of a community-based organisation. While its reach is international, it owes its origins and its very existence to the community it sits within. The \$3 million grant will enable a range of projects to be completed including a 'virtual' forest experience, a research centre and a science and discovery centre, as well as upgrading the café. This is a great tribute to the board and its General Manager Dr Tracey Wedge. I'm already looking forward to taking a walk in the virtual forest.

As Bruce Springsteen sang: "... we are all travelling in the footsteps of those who've gone before..." The Kauri Museum documents part of that journey.

Let's be proud of those people in our midst who have made these things happen.

Mark Vincent  
Otamatea Ward Councillor  
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# Are there kiwi in Paparoa?

Not that long ago, male Northland brown kiwi calls would have been heard every night around Paparoa, calling out for mates, running around Paparoa's bush looking for a tasty worm in the deep forest litter before burrowing away in toi toi or a hollow log before daylight.

In 2020 the state of our national bird isn't so rosy with Northland populations reduced by 90% in the last century and an average adult kiwi life span reduced from 65 to 14 years. The dream of having Northland brown kiwi back in our region is not lost.

Pest Free Peninsulas, part of

'Kiwi Coast', is working hard to create pest free areas for kiwi to return and they will, like the kaka which visit every winter. Kiwi populations such as those in the Bryderwyns are known to migrate, looking for new places to call home.

It's our job to make sure

that when they do return, we treat them as a treasure and make sure we keep our bush free of pests, keep our cats in at night and dogs on a leash in the bush.



A kiwi photographed in the Whangarei Kauri Mountain area



Sean Holland (centre) and DOC personnel using the Kiwi Listening Device, or KLD

We have started to monitor for kiwi in our area with Kiwi Listening Devices (KLDs), largely around the Pahi and Te Pahi River area. The project will run over the next five years and it's the first stage of our kiwi recovery plan.

If you think you've heard or seen kiwi, or any other unique native birds in our area, please email Shaun at pestfreekaipara@gmail.com

Shaun Holland  
Pest Free Pahi Peninsula

## \$100 Million

The recent government \$100 million funding announcement to help restore Kaipara Moana, through a cross-regional programme expected to create 300 jobs, has been welcomed by Kaipara Uri and councils. The 'Kaipara Moana Remediation' funding was announced by Prime Minister Jacinda Ardern on 5 July.

An estimated 200 new jobs will be directly generated on farms with fencing, water reticulation of streams and wetlands, preparing and planting land, weeding and hill country stabilisation. Another 100 jobs will be required in the rural sector for nurseries, fencing manufacture, and farm advisory services.

The programme's partners plan to work closely with landowners, sector representative groups and others to prioritise actions.

## Trash And Treasure

28th September to 2nd October

We're now planning this year's fundraiser that we have run for 36 years in a row!

Good secondhand goods are welcome - thanks to all who have already contributed. If you're unsure if your item would be suitable, please call me.

Would you would like to help during the week with setting up the shelves on the Sunday (and dismantling on Friday 2nd) and/or give support moving and delivering items during the week, even for two or three hours? We are also looking for someone with a registered trailer we could borrow for the week, as it would be a tremendous help with our deliveries.

Please call Eileen on 021 142 0357



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## Lions' hunger sated

Luckily for us, we don't have to hunt down our food; unlike our namesakes! Instead, once a month a community group comes to the Sports Pavilion to prepare, cook and serve our meal; which we greatly appreciate. This is just another way of our club supporting community groups.

Monday the 20th July saw us back to sharing tall tales, and enjoying the camaraderie of life again after 'Lockdown'. We enjoyed a most sumptuous meal provided by the Paparooa School parent support group. Thank you, we appreciate your commitment.

It was also our Change of Officers' evening which under normal circumstances would have taken place in June.

Invitations were extended to the other clubs in our Zone, and this time we had the pleasure of hosting The Lions' Club of Ruawai. Our Zone Chairman, Bruce Lydiard was kept busy; installing the new officers, presenting service pins and inducting our newest member, Vicky Hilton.

The Lions' Club of Paparooa stands ready to serve its community once again in the



Vicky Hilton is welcomed by Lion Alan

2020/21 Lions year with Alistair Banks, our new President and his very capable team.

Keep well everyone.

For more information about Lions call: Mark Pilkington, 4317 369

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The line up of Lions Officers with Alistair Banks, President; fourth from the right & Bruce Lydiard, far right



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## Paparooa Library

Tuesday..... . 11am-4pm

Thursday..... . 11am-4pm

Saturday ..... 10am-1pm

Book returns ... Skelton's Drapery



The library has settled into its new open hours really well and people are pleased that we are back to our three days.

I have had several requests to take donated books lately BUT these will be declined. Unfortunately a lot of books have recently been dropped off which we won't be shelving at the library. These will go to the Op Shop or to the Hospice Shop in Whangarei. Please don't be upset when we refuse as we only take brand new best sellers and but only if none of the five Kaipara libraries don't have a copy of that book.

At some stage in August we will look at increasing our volunteer numbers. We have FAB volunteers who work and juggle their jobs and family around library shifts. To ease the pressure a backup list of trained people who could help out when required would be ideal. If you would like to join as a volunteer give me a call on 022 678 1474 to discuss.

I will be in and out of the library over next few weeks but only briefly as we are moving from Franklin Road and we hope to resettle in the district shortly. My volunteers are all stepping up and helping to run the library in my absence and I want to publicly thank them all - Penny, Erin, Jo, Lynne, Dianne, Angela and Lucy- you girls rock!

Everyone enjoy your reading on these cold winter days and nights, stay safe and warm!

Jas Futter  
Library Manager, 022 678 1474

# The Kauri Museum - Joining together in July

As many of you will be aware, July 14th was a significant day for our community, including The Kauri Museum, who was one of three recipients of the Provincial Growth Fund. This financial support will have far reaching implications for the museum, locals and visitors.

Among the planned projects, are the development of a Research Centre and a Science Centre. These initiatives will create opportunities for employment, and a chance to share the wealth of knowledge in our collections at an educational level. We look forward to sharing more details with you as these plans unfold. The museum wishes to say a special thanks, to all those who made this possible.

Due to changing priorities, it has been decided that this year's Kauri Museum Northland Photography Awards, will not be held. Keep an eye out for it next year.

### POETRY & SONG LYRIC COMPETITION

Great news for budding song writers and poets. Even though the sponsors of the 2020 National Poetry Day Competitions have withdrawn



Harry Sutton with hairy hamster

due to their own funding issues, The Kauri Museum will be going ahead with both the adult and student competitions. The theme is EBB AND FLOW OF THE KAIPARA. Our region is hot with talent, so make sure you come along and tell your friends. For full details see our website 'What's On' page <https://www.kaurimuseum.com/whats-on>



Fantastic beasts and friendly folk.

### CLAY MODELLING WORKSHOPS

The school holidays have brought many new visitors to the museum with record numbers for this winter. Amid the excitement, the Kid's Clay Modelling Workshops were a huge success.

The children made some exceptional creations under the direction of workshop leader, artist, Stephen Davies and volunteer, artist, Matthew Smith. Family members lent a hand and by the afternoon a variety of monsters, creatures and friendly folk with wild beards and accessories lined the room. As both workshops were fully booked, we hope to run more in the future. Thank you to all involved!

Luciana Orr  
Marketing Co-ordinator



Chiara fashions horses and unicorns

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### What's on at your local Museum

National Poetry Day - Poem & Lyric Competition  
Adult section OPEN NOW - closes 8 August  
OPEN MIC NIGHT 21 August - 6.30pm

VISIT our website WHAT'S ON page for full details

### PRIZES TO BE WON

Students section opens 21 August

Museum Gift Shop - Gift a Kauri \$25



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## Kaipara Kai Hub

The Kaipara Kai Hub is providing on-the-ground support that will enable land to be used to its best potential. Delivered by Northland Inc, the Hub is part of Kaipara Kai, one of four 'KickStart' projects led by Kaipara District Council and paid for by the Provincial Growth Fund.

The Kaipara Kai Hub is located at 1 Jellicoe Road, Ruawai, and is open Monday to Wednesday from 9am-4:30pm and on Thursday and Friday by appointment.

The Hub is run by Matt Punter and Lana Kennett.

Matt brings a commercial focus and almost 20 years of experience in commercial postharvest research and molecular analysis. He is originally from Ruawai and worked previously with Plant & Food Research.

Raised in Waiotira, Lana is a graduate of Lincoln University. She is an all-rounder who has previously worked for AgResearch, Landcorp andASUREQuality. Recently Lana spent two years as an operations manager at a technology startup in Germany.

Since the Kaipara Kai Hub

opened in March, Matt has been spending time with local farmers and growers developing action plans to support their land diversification goals. He has also been hosting food and agri industry professionals and other stakeholders at the Hub in Ruawai to share our mission and grow our network and knowledge base.

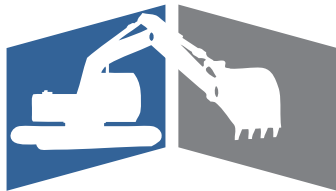
Kaipara Kai Hub recently facilitated two regenerative agriculture events with guests Peter Barrett and Jono Frew (Country Calendar Season 2020, Episode 7) who presented their learnings when trialling and adopting

regenerative agriculture practices. Thank you to the Harding family, Dargaville Rugby Club, Kaiwaka Sports Association, Ruawai Dairy and Takeaways and La Nonna Italian bakery for supporting this event. Most importantly thank you to everyone who showed up and joined the conversation.

If you are interested in how we could help you and want to know more, reach out to us on Facebook Kaipara Kai Hub or call 027 202 7987. PP



The Kaipara Kai Hub on the Ruawai corner



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## It's been raining!



Rainfall in Paparooa to the end of July 2020 has been extraordinary. From earlier record lows, we're now the opposite.

To date, at 31 July, total rainfall for 2020 is now almost exactly equal to the last five year and ten year averages.

June 2020 was the wettest for the last 12 years at 262mm, about 15mm ahead of 2014 (245.5mm) while July has been the second wettest since 2014 (285.5mm).

So what's the outlook for August?? Records show that the the wettest August was 2016 at 175.1mm and the driest one was in 2011 at 39.5mm, giving an average of around 125mm.

Let's hope the average prevails and not the trend!

Don Hargrave

## Farmers free breakfast

**Breakfast on us** Tuesday 11th August



A collaboration of farming industry supporters are running a series of free cooked breakfasts around Northland for farmers.

**10.30 am - 12.30 pm**  
Farm Source Ruawai

Come to a well-deserved breakfast near you



## Northland District Health Board Libby Jones - Health and Disability

The Health and Disability System Review, which was initiated by the government, was completed recently. The purpose of the review was to future proof our health and disability services and to recommend system level changes that would be sustainable, lead to better and more equitable outcomes for all New Zealanders and shift the balance from treatment towards health and wellbeing.

The Review found that NZ has a high performing Health system, but it has been significantly underfunded and does not serve some populations, particularly Maori as well as it should. Staff are under pressure, there are some significant shortages and most DHBs are in deficit.

### THEY RECOMMEND

- Increased focus on **Population Health** to keep us well and protected.
- **Improved Primary Care** - which covers GP and community services - through locality and care networks (of around 20,000 - 10,000 people) where community aspirations are included in planning. Primary Health Organisations (PHOs) would not continue, removing one layer of bureaucracy and confusion around accountabilities.
- **Changes to the Ministry of Health**, separating out some functions including Maori Health and central leadership and performance monitoring of the DHBs.
- **Reduce the number of DHBs** from 20 down to 8-12 over five years. What that means for Northland is unclear, we are the fastest growing DHB population wise, we have a huge geographical area and our next closest DHBs are completely different in size and populations to us. Will

they create new boundaries, will we remain as Northland or be merged with other/s?

- **Appointed board members only** - with no elected members. Currently boards are about 2/3 elected and 1/3 government appointed board members. They note that voting in DHB elections is not high, and the public often say they don't know who the candidates are and don't feel engaged in the process. I note however, that elected members do get regular contact from individuals and communities raising their health concerns. My analysis is that governments would probably like more control over DHB boards so appointing them is one way to achieve that.

- **More national planning** - so that wherever people live they can expect the same level of services.

- **Significant investment in Infrastructure** - facilities, hospitals, equipment - and Information Systems.
- Changes in **accountabilities of community services** will be significant within the health sector.

The final report is 250 pages long so this is a tiny snapshot. It is available on the MOH website if you are wanting to know more. We will have to see how the recommendations unfold over the next 5 years.

Northland DHB will do whatever we can to keep the needs of Northlanders at the forefront of changes that we will be part of implementing.

Stay well, Libby Jones  
hames.jones@xtra.co.nz  
021 208 0093

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## Maungaturoto Rest Home

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- Dora Cross ..... formerly of Mareretu
- Adrienne Angus ..... formerly of Dargaville
- Blanche Huband ..... of Maungaturoto
- Eric Harris ..... Rex & Yvonne Harris's family
- David Spellers ..... formerly of Ruawai
- Agnes Philpott ..... Josie Benetto's mother
- Pauline Bellows ..... Maree Cartwright's mother
- Joy Miller ..... of Maungaturoto
- Pamela Stewart ..... Terry & Tony Littlejohn's family
- Evelyn Annis ..... Judith R & Christine B's mother
- Melvyn Dowson ..... formerly of Kaiwaka

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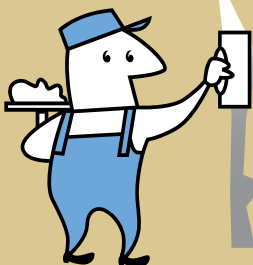
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Ph 09 431 7572**I've been thinking about ... Politics**

Well who hasn't in these fraught times only a few weeks to the elections?

At the moment it looks as if the election's Labour's for the losing. However 'a week's a long time in politics' and there are bound to be some surprises 'before the fat lady sings.' How are we going to vote? Northland is an interesting electorate to be in this time around. Shall we consider tactics?

A strong Labour supporter, who believes Labour will be able to govern alone after the election, will give both votes to Labour. But, if you think Labour might need a coalition partner, you may decide to give your party vote to either the Greens or NZF depending on whether you want Labour to be pulled right or left. If you think Willow-Jean Prime won't win in Northland, or you want to stymie National, you could vote for Shane Jones.

If you are a dedicated Nat, your instincts will be to give them both your votes. But you could think strategically too if you think the Nats unlikely

to win a majority without a coalition partner. So consider a party vote for Act or maybe NZF (if you think Winnie would consider a National alliance).

The strategies are simple for NZF stalwarts in Northland. It's Shane and NZF all the way. After all NZF appears to need an electorate win to stay in Parliament. If you want the NZF/Lab alliance to continue there's a temptation to tick Lab in the party vote box

The Greens don't expect to win the Northland seat but they want the party vote. So Green supporters may vote Prime or (probably not) Jones.

All somewhat ludicrous don't you agree?

You may have noticed that I have blethered on thus far without considering the personalities or policies of our political aspirants. Consider voting the old fashioned way and supporting the most worthy person to represent you and the party most likely to keep and carry out the promises they make. Somewhat naive, but very principled.

Or, perhaps we should all go along to election meetings and seek decent bribes. You never know what we may achieve if we all adopt this policy!

Isn't it fun to think that our votes might actually matter in this electorate this time?

RS

**Painting  
Workshops**

Fully funded workshops are being offered by White Rock Gallery - open to anyone in the Kaipara Community (from beginners to the more experienced). Expressions of interest needed soon.

In its role of fostering art in the Community, White Rock Gallery, together with the Creative Communities Scheme, Northland, will host two painting workshops in September and October 2020. Both workshops will be tutored by renowned artist-tutor Elena Nikoleava. They will be structured to help beginners discover the wonderful world of painting using acrylics, oil or watercolour, and also encourage more experienced painters to hone their skills. Elena's workshops usually cost over \$50 per day, so this is an excellent opportunity as these are free of charge.

Workshops will be held at the RUAWAI ART STUDIO on Sunday SEPTEMBER 13th and Sunday OCTOBER 11th (10am - 4pm). A full list of materials you'll need to bring plus workshop themes, will be supplied on registration. No charge, just the cost of purchasing your own materials.

Elena's workshops are always very popular, so they will fill up fast. Register for one or both workshops by contacting Susan 09 431 6986 or email [sujim@orcon.net.nz](mailto:sujim@orcon.net.nz)

**MORE VOLUNTEERS WELCOME!**

White Rock had an excellent response to our call for 'Friend' volunteers in last month's Paparooa Press. Several lovely people have come forward to help man the desk for two hours per month and we are very grateful to them. We still have a few spaces left on the roster, so please get in touch.

New members very welcome too, if you have work that you create, and would like to display and sell in the Gallery call in and talk to us. Open 11am to 3 pm daily.

If you would like more information contact Lorraine Littler at 021 250 8613 or [whiterockgallerynz@gmail.com](mailto:whiterockgallerynz@gmail.com)

Best wishes to all and stay safe  
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## Council funding recipients

Kaipara District Council has awarded more than \$122,000 to 41 community groups and organisations.

**Community grants** have been awarded to 21 organisations including Hakaru Community Hall (\$8,361), Maungaturoto Centennial Community Centre (\$11,781), Ripia Marae (\$2,103), Te Roroa Charitable Trust (\$6,777) and Taipuha Hall (\$10,000). These grants are given to support events, services or activities that benefit the community; or for specific operational or maintenance costs of community facilities.

A total of \$9,825.00 was allocated from the **Rural Travel Fund**, designed to help subsidise travel for junior sports teams (ages 5-19) participating in local competition. Successful applicants included Dargaville High School, Mangawhai Beach School, Otamatea Netball Club and Pōuto School.

Six applicants share the **Creative Communities Scheme** funding of \$12,642. Successful applicants included Jo Thomas running a free online oil painting class, Topaz Johnson for a new public mural in Paparoa, and Te Kopuru School for their upcoming Matariki celebrations

For a list of all successful applicants, please see the Kaipara District Council website.

The current funding round for Rural Travel Fund is open now until 24 August 2020 while the Creative Communities Scheme funding round opens 1 August and closes 31 August 2020.

## Free literacy services

Adults with literacy problems are often caught up in difficult circumstances such as unemployment, employment in low-paying jobs and other literacy-related routine struggles.

They feel ashamed that they are not able to help their children with homework, form filling and other literacy tasks that adults are expected to do.

To counter this harsh reality, and help people who can not read and write fluently, Rural Youth and Adult Literacy Trust (RYALT), a charitable trust, was set up. What's more? The literacy services offered are absolutely free! All you need is a computer \*(internet access), or phone and a willingness to make a positive change.

RYALT cares about the thousands of teens and adults, around New Zealand, who are isolated or live in rural areas, who are unable to access quality learning centers and modern life. RYALT encourages those, who know of anyone who is struggling with reading and writing, to get in touch with their office. By merely encouraging a friend, parent, partner or grandparent to contact the free service, you can make a difference in taking

the first step towards learning and change. Whether people need help with improvement in their reading, reading bedtime stories to children, writing a good CV, completing a job application or writing emails, the Trust will find a tutor to support them.

The well-being of current and future generations, who would have to thrive in a fast-paced world of innovations and technology, is important. The barriers to a more dignified way of life must be broken and RYALT is committed to furthering this cause, helping adults address literacy-related challenges, in an effective way. Connect with RYALT for help and advice. You can email [admin@adultliteracy.ac.nz](mailto:admin@adultliteracy.ac.nz) or contact 0800 891 339 for more information.

\*RYALT offers literacy hubs in selected areas, for people who do not have access to a computer and internet connection.

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## Dinners delivered

In response to the historic countrywide Covid 19 Lockdown restrictions during the months of April, May and June of 2020, our regular Seniors Lunch had to be cancelled. Meals normally served to citizens at St John Hall in Maungaturoto, on the first Wednesday each month, throughout the year, were not able to be delivered.

Our 'Caring Caller' system was set up to ensure all senior citizens registered on our records were contacted during this time. Eight volunteer callers each had a list of eight to twelve people who they checked on for their well-being, gave offers of assistance where needed or were simply there to give a friendly greeting. Times and intervals for these calls were arranged between caller and 'callee'.

At the end of Lockdown, as things returned to the 'new normal' and before the Seniors Lunch resumed, OCS delivered meals (and desserts) to people on those lists. Each caller contacted their 'callee' and explained what would be happening, and the process was set up. Of the 65 people called, there were only two who declined this service, and two others who asked for meals to be delivered to places other than their homes ... and as a result we had 63 meals delivered to our senior citizens.

### OUR REGULAR MONTHLY EVENTS FOR AUGUST INCLUDE:

- Fun & Games morning**- Footprints room- Monday 3rd
- Senior's lunch**- St John Hall- 5th August
- Shopping in Whangarei** - 11th and 26th August
- Chocolate Bingo**- Footprints Room- 19th August

Take care of each other,

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## From our family to yours Home education'



After lockdown, we made a decision not to return our kids to school- the decision itself was easy, but what's been hard has been not seeing the people whom we used to interact with daily.

Some have taken our decision as a slight against them personally, as though our rebellion against the system infers that I think their choice to engage with it are wrong, in some complex backhanded kinda' way. Some are confused as to why we'd want to spend 24-7 with our children - and when I tell them its because I love my kids, it becomes that complex backhanded thing that they take personally.

What has been interesting is how little people understand what homeschooling is - they think the Ministry sends you the same work as they would do in school. You can opt in for that, it's called correspondence and costs thousands of dollars.

Rather the stipulations are that you apply for an exemption from school, by proving that you will educate as regularly

and as well as a school would - this is several hours a day, (when you remove how much time is wasted in a classroom herding the kids to find pencils) using whatever you can get your hands on. You state the curriculum or style of learning, and this can be an eclectic mix of many learning styles - such as Montessori - and it's all based on how your kids learn best. And then you are free to get on with life.

While I miss the amazing teachers and the school community - we are building our own anew, with other home-learning families. We are lucky to have the opportunity to do this - families with two working parents cannot - and time will tell how this goes. So far the kids are unstressed, and happy. And for now, that's enough.

Jenny

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# A night at the local Hop 1964

... Saturday at a bach at Pahi, on the Kaipara Harbour

Great excitement - there's a dance at Whakapirau across the inlet from Pahi tonight. Lots of talk as to what dress to wear and, if it's a new dress, excitement reaches another level. High heeled shoes checked and cleaned and stockings checked- there just must not be a ladder in them.

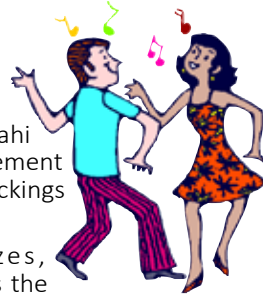
Whakapirau dances always provide another element of excitement as we do not arrive by car but by launch from Pahi Wharf and across the inlet to the Whakapirau Wharf. A local launch owning family kindly transport anyone who wishes to go dancing and I can't remember if any of us paid for the privilege.

Getting onto the boat and off again was an experience. You had to judge when it was right to step onto the tossing boat from the stable wharf, then hold onto the rooftop rails and make our way to the back of the boat then into the cabin. Hopefully it was not raining or blowing as our hair styles had

taken an inordinate amount of time to get just right.

We arrive at Whakapirau Wharf and disembark to make our way along to the hall at the end of the wharf which used to be a dairy factory in its previous life. We hear the band tuning up, pay our entrance fee and enter the hall. It was the days of 'Ladies a Plate'. I can't remember if we took the necessary plate or were given dispensation for our water arrival.

Ballroom powder is spread generously on the floor and the dance begins - Maxinas, Military Two Steps, Valetas, Three Step Polonaises along with Quicksteps, Foxtrots and



Waltzes, and as the evening wears on, it's The Twist! It was lovely when you got a partner who knew the steps, so you could glide or hop across the floor happily.

One of the special things about the Whakapirau Hall were the toilets!! When you lifted the lid of the toilet, you could feel a cool draught as the toilets just went straight down to the water and you could hear the waves splashing around underneath you!

After supper, more ballroom powder on the floor, small children on sacks are dragged around to help spread it around and then more energetic dancing follows.

At midnight it's time to get back on the boat and make our way home to Pahi and to bed.

SF

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## Autumn gardening

August weather conditions are often the most uninviting time to be out working in the garden. Despite this there are a few tasks that can be done.

Gardens need a good tidy up- overgrown plants to be cut back and there's always the never ending weeding! Weeds compete with your plants for space, light and water. They thrive in any conditions so if possible remove them before they start self seeding, thus reducing an otherwise rapidly appearing next generation ready to take charge.

It's time to start preparing both vege and flower gardens for spring and summer sowing and planting.

Winter green crops (eg mustard and lupins) can now be pulled out. Break off and discard the hard lower stalk and root base. Hoe a deep trench row, lay the stalks and leaves down in the trench and cover with soil from hoeing the next trench, repeating as you work your way down the garden.

It's best to do this before they come into flower and before the stalks become tough and woody, thus taking longer to break down. Any surplus can be made into compost.

Successive plantings of beetroot, broccoli, cauliflower, kale, and silverbeet can be made. When picking silverbeet, spinach and kale just rip the stalk off at the base. The stalks can be finely chopped and used as part of the vegetable content in quiches or in making mustard pickles.

Strawberry plants crop successfully for about three years, but each year it pays to replace any plants passed their best with new plants.

Summer flowering bulbs such as lilies and gladioli can be planted out into well cultivated soil which is rich in compost.

Sow sprouted seeds (which are generated by placing seeds in between wet paper towels on a tray and left in the hot water cupboard until sprouted) into seedling trays of potting mix to germinate and grow until conditions are suitable for planting. By this time the plants should be well established and give a kick start to your summer garden.

Jan R

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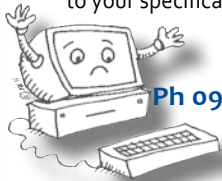
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## A 20 year Labour of Love recognised

Pahi resident Mary Stevens has been acknowledged by Heritage New Zealand for her work over 20 years, recording and cataloguing the collection of over 6,000 historic items held at Ruatuna - the Matakoho Homestead of the Coates family, who established themselves in Matakoho in the 1860s.

Heritage New Zealand's Northern Director, and Matakoho resident, Sherry Reynolds, praised Mary's professionalism and commitment over the years.

"Mary has done remarkable work cataloguing the collection at Ruatuna - a very significant task given the sheer number of collection items and the physical environment of the house, which has been preserved in the exact same state as when the last members of the Coates family were living there," she says.

After completing a Post Graduate Diploma in Museum Studies through Massey University, and as she became more familiar with the collection items and the stories of the Coates family members



Mary Stevens outside Ruatuna Homestead

associated with them, Mary became increasingly interested in the family's impact on New Zealand.

Ruatuna's extensive collection includes correspondence belonging to Gordon Coates - the country's first elected New Zealand-born Prime Minister - including letters from his years as premier and later years when he served as part of New Zealand's wartime government.

"During that time he spearheaded basic infrastructure which we take for granted today - things like roading, railway, hydro-electric power and institutions like the Reserve Bank. He also initiated petrol tax to pay for the highways," says Mary.

A treasure trove of artefacts that tell the story of an extraordinary settler family spanning over 150 years in New Zealand, Ruatuna's collection incorporates aspects of our agricultural heritage. These include very early farming diaries through to 20th Century social history, like the home-made water trough with the words 'Hitler meets Anzacs - 16 April 1941' inscribed on the rim; a reference to the early days of New Zealand's defence of Greece during WWII.

"The stories relating to Ruatuna are becoming better known, and its collection is at the heart of these," says Mary.

*Edited by PP from original press release of Heritage New Zealand*

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## Managing farm plastics

Many rural properties have old chemical containers, silage wrap, feed & fertiliser bags, and baling twine in their sheds. Traditionally this waste has been dumped in a hole or burned but this results in leaching and pollution.

Burning or burying chemical containers on-farm is illegal in Northland and burning silage wrap is a non-complying activity which could result in a fine or prosecution under the Resource Management Act.

If your silage wrap is too dirty to recycle, it can be landfilled as general refuse.

### USEFUL LINKS FOR RESPONSIBLE DISPOSAL

- [plasback.co.nz](http://plasback.co.nz) For recycling farm plastic wraps, sacks etc
- [agrecovery.co.nz](http://agrecovery.co.nz) For recycling farm chemical containers
- [kaipararefuse.co.nz](http://kaipararefuse.co.nz) For any queries regarding what they can take for disposal or recycling.



## Maungaturoto & Districts Rotary

We have been able to get back into gear again and had the most amazing changeover night, when we welcomed our new President, Rodney Tysoe into that position.

As mentioned previously, every President makes an impact in their own particular way so we look forward to the coming year. We had 68 people present, including our District Governor for the year, Elaine Mead, and a number of supporters from the Millwater club who helped us so much pre-Covid. Colin Smith, one of our foundation members was also present.

At the changeover we were able to have the regional reps from 'Books in Homes' (Duffy Books) tell us the origins of the scheme and what enables it to continue in decile 1-4 schools. The aim is now to provide five new books to all students in participating schools (and they can win additional books by being 'Caught being Good'). Originally the books were second hand but Alan Duff, the founder, felt that the students should have new books.

With the help of Scholastic Books, Mainfreight, a

government grant and sponsoring clubs such as our own, they have been able to continue this scheme for 25years. We are going to look at ways that we might be able to sponsor another school.

The meal on the evening was prepared by the Duke of Edinburgh supporters and five students who also served it. At the conclusion of the main course, the students came out as a group and answered questions like: What have you gained by being involved in the scheme? What have been the challenges? They also told us of the components that made up each level (Bronze, silver and gold)- and finding suitable community service can be a problem for some.

At the conclusion of this, Robyn Bruce, the DOE co-ordinator was presented with a cheque for \$2,800 which will be helpful in reducing the fundraising that the students must undertake. She was also

thanked for her tremendous effort with the scheme during the past 15 years.

A couple of weeks earlier, we had a really interesting presentation from Maggie Hames who spoke about her student exchange in Canada during our last summer when she experienced the extremes of Canadian winter.

At the same meeting we heard from a visiting Rotarian who spoke about how his family had hosted about 10 students over the years and how he and his wife had recently visited them in Finland and Norway. These 'students' now have their own families as a number of years have passed since then, but the time spent together was very meaningful.

We continue to look at ways we can be involved in the wider community and if anyone has any suggestions, please get in touch.

Eileen Parsons 021 1420 357



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## The lump in your throat is NOT the Problem....



Have you ever had the unpleasant sensation of a lump in your throat when you've come to do something that's uncomfortable?

Maybe you're afraid of expressing yourself for fear of being judged?

Perhaps you've got huge moths bouncing around in your tummy at the thought of going for an interview?

Or may be you go out of your mind when you think of what life would be like without someone in it?

Whatever it is that gives you that uncomfortable feeling, you might find relief to know that even all those successful people you admire get it too...

Hang on... hang on... you mean Richard Branson gets scared? Yup, what about Oprah Winfrey? Absolutely...

But they have money and all sorts of luxuries to make life easier...

Yes, if they are human they get scared, what separates many people from those with success and lifestyles to envy, is that they use their fear to propel them towards what they want.

It's the difference between avoiding fear to stay comfortable versus seeing it and going through it, experiencing some discomfort along the way but feeling confidence and better about themselves on the other side PLUS either being closer to or having the object of their desire.

If you have ever put something off for long enough, then decided to do it anyway, I'll bet you have usually felt better afterwards.

So... fear is not the problem, trying to avoid it is...

What have you been putting off that you can take even a small step to accomplishing today.

In Bliss, Carrie Marie

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## ORT Youth Drama Workshop

COVID-19 put a huge stumbling block in the middle of our preparation for Seussical Jnr. The show will now be performed in early 2021.

To keep the youngsters busy, ORT decided to put on some extra school holiday programmes instead. An enthusiastic group of 25 students attended our 'Youth Drama' workshop. Run by Peter and Maura Flower, the week featured improvisation and characterisation exercises, and included many confidence building activities and games. It felt strange not to have a show at the end of the week, and yet it was refreshing to have the freedom to play and experiment without the pressure of producing a show.



In the next school holidays, we will be running our popular programme, 'U ORT 2 B a Star.'

At the end of the year we are hoping to produce an interactive dinner theatre show. More details to follow.

Maura Flower

## HEY, KIDS ... FUN WITH NEWSPAPER!

Making rolled newspaper roses is both recycling, and creating something lovely to give to someone special in your life. It's also really easy!

### What You Need

Square pieces of paper  
Scissors  
Pencil/pen  
Glue

1. Take the square piece of paper and draw a spiral shape on it. You needn't be too precise as this will give your rose a more random look.

2. Starting at the outer edge, start cutting the spiral, till you reach the centre of the paper and are left with one small round bit in the middle. You should now have one long spiral strip.



3. Start at the outer edge and start rolling the entire length of the spiral. Make sure that you roll it tightly.

4. When you have rolled it all up, paste the last circular bit at the base of your roll. Make sure to adjust the tightness of the rolls before you do this. Glue the bottom of the roll together.

5. When you let go of the rose, the petals will open out, the glued part being the bottom of the flower. Stick it to whatever you like - an ice-cream stick, a dried twig, wooden skewers, etc. - to add some floral flavour to it.

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email: [lyndseybargh@callplus.net.nz](mailto:lyndseybargh@callplus.net.nz)



## Letters from The Old Post Office Cleopatra etc

Dear Reader, thinking back to my last rant (If you are still capable or indeed even wishful) where the focus was firmly on those giant lumbering asses of the road and my desire to be reincarnated as Boudicea...

Taking a deep breath and forcing kinder thoughts, I decided to use my anger (as directed by many an expensive self-help tome, usually American) and redirect my energies instead to the praise of strong women.

Now, Boudicea was clearly a strong woman and not to be messed with, yet there are many others. History is positively womaned with them: The year 69 BC saw the birth of Cleopatra, the last active ruler of the Ptolemaic dynasty. Caesar had placed her on the throne with her younger brother. After Caesar's death she returned to Egypt and with the unfortunate death of her brother she named her son as co-regent and thus established her own power base. A woman, according to Plutarch, of "irresistible charm." I would imagine you would be too scared to even consider resisting.

Then of course, there is Judith. Another messed with at peril, as Holofernes learned to his cost. (For greater detail and gore please refer to the deuterocanonical book of Judith). It's a wonder that men sleep so easy. Never so wicked as a woman's wiles as somebody or other once said. Probably dead now.

However, a personal favourite is the contentious Sappho. Born 7 BC in Greece, unfortunately, there are no recorded deaths laid at her door (or atrium)

although she wrote of it. She was applauded for centuries as an important lyricist/poet. The scraps of poetry that have been discovered on fragments of papyrus are haunting and evocative. ..."a tremor shakes me, I am more greenish than grass and I believe I am at - The very point of death."

Another Greek, Aristotle, said that she was honoured even although a woman. That must have been quite cross making. A shame that she didn't push him off the cliff of Lesbos instead of leaping off herself, allegedly for the unrequited love of a young boatman. As by then she was grey haired and of creaky knees, (and no doubt weaker eyesight), perhaps she simply slipped, craning to get a closer look at his presumably toned and tanned torso?

So many women and so little time (as someone else said, although in quite another context).

To close but not to finish, there is the famous pirate, Ann Bonny. She was the illegitimate child of a wealthy lawyer who had her dress as a boy and pose as his law clerk for most of her youth. No doubt this gave her a solid grounding for her later life of piracy. Abandoning the sailor she married (in 1718), she joined 'Calico' Jack Rackham and ransacked the Caribbean where she proved she could drink, swear and use a pistol and cutlass very effectively.



What a woman!

Perhaps it would be wise to bear in mind Jean Giraudoux's claim "All women are born evil. Some just realise their potential later in life than others."

RIP

Deb

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**Daniel Nordstrand**

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E-Mail: [PuririRidgeElectrical@gmail.com](mailto:PuririRidgeElectrical@gmail.com)



## Billyboy - a lamb with attitude

It was 1958, springtime, the time of pet lambs. Billyboy was a typical Romney ram lamb who thought he was full grown. He would bail people up at the back gate and attack, frequently cornering my little brother before he could get through and once even attempted to corner our Dad. He charged, head down, reared up on his hind legs and lunged!

One day my other brother decided to teach Billyboy a lesson... With crash helmet on, he got down on his hands and knees for the challenge. They clashed. Billyboy backed up shaking his head while brother Alister had a headache for the rest of the day!

However, with my friends and I he was a gentle giant. When I left for boarding school he was put out the back of the farm to live the life of Riley. GJ

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## Science Corner



## Insect Armageddon?

Some scientists have raised alarm bells regarding the disappearance of insects such as butterflies in parts of Europe and America. Could this be happening in NZ too? While we might be happy to never see another mosquito or cockroach, insects are vital to our existence on earth.

**Insects** are those small creatures with six legs and are the most numerous and diverse animals on Earth.

### WHAT DO THEY DO?

- ⊙ Decompose waste, pollinate flowers, provide food for birds, fish and other animals, control other pest insects and even engineer soil.
- ⊙ Recycling of nutrients from dead organisms.
- ⊙ 90% of flowering plants require insects for pollination. 70% of food crops require insects for pollination.
- ⊙ Many birds would become extinct without insects for food. Some have gone already.
- ⊙ Termites and ants transform infertile soil in hot dry countries by adding nutrients.

### WHY ARE INSECTS DISAPPEARING?

- ⊙ Intensive horticulture, agriculture and increased land development for housing or industry causes this.
- ⊙ Use of pesticides which kill much more than the target organism and can travel through the air over large distances.
- ⊙ Climate Change - many insects have developed life cycles to fit the seasons. As seasons change- increased droughts or floods or temperature fluctuations- some insects cannot adapt.

### HOW CAN WE HELP OUR INSECTS?

- ⊙ Don't use pesticides.
- ⊙ Many horticulture businesses use biocontrol (parasitoids and insect predators) instead of sprays which are more effective and don't harm bees. Companion planting near glass houses can provide helpful insects with supplementary food.
- ⊙ Increase wilderness areas and plant trees around wetlands and waterways. Retain wilderness areas on roadsides, round crops and pasture so insects have food and places to live.
- ⊙ In your garden grow plants that flower all year round to help bees and plants that attract insects that help keep pests controlled.

### SO, IS THIS HAPPENING IN NZ TOO?

We don't know. We have never kept records on how many we have. We probably don't even have names and classifications for many. Maybe we don't want to ever see the thousands of acres of crops kept weed and pest free by chemicals (with nowhere for insects and birds to live), that now exist in some countries?

Stella

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## An exciting year ahead for...

Paparoa Community Garden at Arty Farties

Even the stormiest of nights did not keep those passionate about the community (and gardening) away from the Arty Farties' AGM.

With over twenty people in attendance, the meeting was positive and productive. Arty Farties runs the Paparoa Community Gardens located in front of the Paparoa Show Grounds. The positions on the committee were easily filled. The new committee is Verity Baines, Angela Carnie, Jan Dallas, Laura Kateley-Cullen, Jenny MacKinnon, Grant O'Neill, Vivien Paulger, Sue Skelton and Fay Wilson. Jan Dallas was elected Chairperson, Jenny MacKinnon, Treasurer and Sue Skelton, Secretary. The new committee is already buzzing with enthusiasm and ideas for the year ahead such as establishing a database of interested people to receive news about the garden and upcoming events.

The gardens are enjoying the amount of rain that we've had and the team are currently harvesting sprouting broccoli, cabbages, carrots, potatoes, celery, purple/green kale, herbs and lemons for the two local food banks.

At the AGM, Rose Plunkett, who distributes fresh fruit and vegetables to families who have a need in our community, shared how the food grown in the garden is delivered each week. Gail Blythen of Otamatea Community Services (O.C.S.) also spoke. She advised that O.C.S. cover the area from Tinopai to Mangawhai and down to



Jan Dallas & Vivien Paulger

Kaiwaka. They get funding to buy food, but not fresh vegetables. The food grown in the Paparoa Community Garden is the only fresh produce that the food bank receives each week, such an important contribution to the well being of our community.

Geraldine Jenkins has now stepped down from her role on the committee after being with Arty Farties since the start. She was thanked for her contribution over the years.

The **Garage Sale** that used to be run out the front of the gardens is **NOT** currently operating. We are not collecting items. Please do not leave any donations of goods out the front of gardens. If you have quality things to donate, please take them to the various Opportunity Shops in our district.

Laura Kateley-Cullen

## Pets in the Valley



I know that plastic gets a hard time due to its lack of biodegradability but recently I was reminded what an amazing material it is and how it would have saved so many lives.

I had a little dog who needed a blood transfusion. She was severely anaemic and had a very low haematocrit (the % of blood in her system). I grabbed one of our farm dogs who happened to be a perfect blood donor, big, young, very quiet and with a great vein for donating.



The hero - farm dog donor

The collecting sets are exactly the same as for humans donating blood - except this was a smaller volume as the recipient dog was only 6kg. Made of plastic, all the tubing is part of the set - no bits can fall off. In days of old, blood was collected into glass containers with rubber tubing - harder to connect lines, harder to keep



The patient - blood donor recipient

sterile and much easier to break! We were soon dripping new life into our wee patient with our plastic-giving set complete with blood filter and a plastic catheter in her vein.

Hopefully with all the brains and technology in this world we can develop a new generation of plastic that has all the benefits it conveys but will also be biodegradable.

Looking forward to Spring.

Janine

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## Bone broth

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### Bone broth recipe

2kg of bones - beef, or chicken frames or lamb

1 large onion

1 bulb of garlic

2 carrots

1 leek

Any veggie off cuts

1 cup of fresh parsley

2 tbsp apple cider vinegar

2 bay leaves

Salt and pepper

1. Add all ingredients in stock pot or slow cooker
2. Cover with water and slowly cook overnight
3. Strain and refrigerate or freeze in small containers.

## HOOK, LINE & SINKER

The weather hasn't been ideal for fishing, but when you can get out the fishing is great, mainly snapper, and plenty of good sized fish around.

Hope the weather is better over the next few weeks.



Happy Fishing

## OUT & ABOUT AROUND TOWN

**Our condolences** to the family and friends of Graham Carnie of Pahi who passed away recently. He was an active volunteer in pest control and at Arty Farties.

**Have you seen** the Skinny ad on TV? Did you recognise Pahi resident Claire McInnes extolling the virtues of playing tennis .. and of Skinny!

**A must watch** for all NZers who care anything about fish or fishing is **'The Price of Fish'**. It aired on TV3's Sunday and is available on 'TV on demand'. Very recommended and important for people to see.

**Opera North's** 'Opera in the Stadium' will be held on 16th August at 2pm in the McKay Stadium (formerly ASB), Western Hills Drive, Whangarei. Join the Opera North chorus, children's group and international guest soloist Eliza Boom, supported by Kawiti Waetford. **Tickets:** Adults \$40, School age children \$15. Available at [www.eventfinda.co.nz](http://www.eventfinda.co.nz).



**The annual St John Trash & Treasure** will be held the school holidays week 28 Sept to 2 Oct at Maungaturoto Hall (See more pg 3).

**Did you know?** Vicky Hilton is now a marriage celebrant. Call her 021 248 4259 if you are needing such services for your happy day!

**Free breakfasts** for farmers have been happening during July and August. 'Breakfast on Us' is sponsored by Fonterra, FMG, Ballance, NZ Beef & Lamb, Ospri, DairyNZ, Agri, Federated Farmers & Rural Support. Join in at Farm Source Ruawai, Tues August 11 (See pg 6).

**The second hand shop** in Paparoa (next door to the Dairy) is now open on selected times and days. It's a bit mysterious, but at the moment they're calling it 'The shop with No Name'. Operator Darren says they are open a bit randomly, but definitely on Saturdays and some Sundays. Retro style goods are the order of the day and they will buy suitable second hand goods.

**Florist Raylee's 'Flowers on Franklin's'** grand opening is 8 August (see advert pg19)

**Join Paparoa Garden Circle** garden outing on 12 August (see advert pg 19)

## Paparoa Medical Society

**Annual General Meeting**  
**SUNDAY 23 AUGUST, 4pm**  
**Paparoa War Memorial Hall**  
**All welcome to attend**

### Business:

Election of Committee and adoption of revised Constitution

### Nominations for

Committee Members to [lorainerowlands@gmail.com](mailto:lorainerowlands@gmail.com) (prior to the A.G.M.)

## Maggie 1st!

From small beginnings at Paparoa badminton Maggie Hames has achieved her ultimate goal. She is the 2020 Northland Secondary Schools' Girls Champion. Well done!





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**WHAT'S ON - AUGUST 2020**

**The Kauri Museum** open 7 days, annual passes available for Otamatea residents  
**Ngā Taonga, Te Hononga Tāngata** - The treasures that bring our people together  
**Creating with Kauri Exhibition** - Jewellery - 12 Jun-30 Sept  
**Photography & National Poetry Day Competitions** details front page  
**Paparoa Community Dinner** 29 August Paparoa Sports and rec(details front page)  
**St John Trash & Treasure** 28 Sept- 2 Oct Maungaturoto Centennial Hall

**REGULAR EVENTS, MEETINGS AND ORGANISATIONS**

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622  
**Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554  
**Arty Farties** Thur/Fri/Sun at the Community Gardens Sundays 10am to 2pm;  
**Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 431 6822  
**Exercise to Music** Tue 10.30am Paparoa Hall \$5 Ph Rose 431 7418  
**Farmers' Market** Every Saturday 9-Noon, Village Green, Graham 027 475 4490  
**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, M'gto  
**Kaipara Marching Team** Weds 4-5.30pm, M'gto, Ph Rose Plunkett 431 7418  
**Line Dancing** Thurs 10am-noon Paparoa Hall Ph Rose 431 7418  
**Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520  
**Matakohe Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.  
**Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm  
**Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall,  
 Tuesday evenings 6pm, Ph Stella 021 149 0877  
**Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262  
**Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884  
**Pahi Hall** available for hire Ph Tina 431 7411  
**Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 431 7106  
**Paparoa Garden Circle** 2nd Wed of month Marg Bailey secretary. 09 280 9897  
**Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290  
**Paparoa Library** Tues & Thurs 11am-4pm, Saturday 10am-1pm  
 Manager Jas Futter 022 678 1474. Returns Box at Skeltons  
**Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion  
**Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome  
 Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz  
**Paparoa Primary School** Term 1 Jan 28 - Apr 9, Term 2 Apr 27- Jul 4. 4317379  
**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330  
**Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Tuesday of the month  
 6.30pm Depot Rd ph Cohan 431 6668  
**Plunket Ready Steady Wriggle** Mon 10am Sports Pav. Tina Ball 021 033 5128  
**Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224  
**Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148  
**St Mary's Catholic Church** 10am Wed, 4pm Sunday, Maungaturoto  
**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822  
**Tennis** Mid week - Wed 9.30am Ph Sue 431 6224, Pete 431 6822  
**White Rock Gallery** Open at The Kauri Museum 7 days 11-3pm ph 021 0267 8241  
**Yoga Chair Yoga** - Tuesday 10am Paparoa Sports Pavilion  
 Monday: 6pm M'gto Centennial Hall: Tuesday 5pm Matakohe Hall  
 Thurs 10am M'gto Centennial Hall. ph Jenny 021 114 3370

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz) PP

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**Paparoa Garden Circle**  
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**LOCAL TIDES for August 2020**

**AUGUST TIDES - CALCULATED for PAHI-WHAKAPIRAU**

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	15.07	9.09	17th	3.12	9.33
2nd	15.59	10.05	18th	3.59	10.22
3rd	16.45	10.53	19th	4.44	11.08
4th	17.26	11.37	20th	5.29	11.53
5th	18.05	12.16	21st	6.13	12.37
6th	6.30	15.53	22nd	6.59	13.22
7th	7.07	13.28	23rd	7.45	14.09
8th	7.43	14.04	24th	8.33	14.58
9th	8.20	14.41	25th	9.25	15.52
10th	8.58	15.21	26th	10.23	16.55
11th	9.41	16.08	27th	11.29	18.08
12th	10.31	17.04	28th	12.43	6.44
13th	11.29	18.10	29th	13.56	7.59
14th	12.36	6.32	30th	14.56	9.03
15th	1.18	7.37	31st	15.46	9.56
16th	2.91	8.38			

**Community Directory**

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

**COAST TO COAST HEALTH CARE**

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086  
**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116  
**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330  
**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388  
**KAIPARA PHYSIOTHERAPY** Lyndsay Bargh/Lynne Rhodes... 09 4391656  
**LINKING HANDS** Health Shuttle Service, Maungaturoto. 09 431 8969  
**LIONS CLUB PAPAROA** Secretary Mark Pilkington ..... 09 431 7369  
**MAUNGATUROTO PHARMACY** ..... 09 431 8045  
**MAUNGATUROTO REST HOME** ..... 09 431 8696

**NKT RECYCLING** Huarau Road 10am - 2pm Tues-Sat..... 09 431 8304  
**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080  
**PAPAROA LIBRARY** Free Membership. Contact .....Jas 022 678 1474  
 Tuesday and Thursday 10am-4pm  
 Saturday 9.30am-12midday  
**PAPAROA PLAYCENTRE** ..... paparoa@playcentre.org.nz  
**PAPAROA PLUNKET** .Plunket Nurse Louise 027 2823987 or 09 438 2508  
**PLUNKET** Helpline ..... 0800 933 922  
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## X Country, Bal-A-Vis-X & more!

At Paparoa School term 2 ended on a real high with the **Cross Country** event. All students participated fully and it was great to see them supporting each other in a variety of ways.

Term 3 has started off positively for us all. During weeks 1-4 there are **hockey lessons** with Jenna from Northland Hockey, and we've started weekly **Bal-A-Vis-X** sessions with Mrs Menzies our Learning Support Coordinator, which we are really enjoying. Bal-A-Vis-X stands for Balance Auditory Vision eXercises. If you are interested in finding out more about this programme, check out this feature on Seven Sharp from December last year <https://www.tvnz.co.nz/shows/seven-sharp/clips/tasman-school-tackling-focus-problems-by-playing-games>.

A number of our students are currently practising hard during lunchtimes, and at home, preparing for the **Body Jam** competition to be held in Dargaville on August 21st.

We wish them all good luck.

Julie Harper



## 5 Questions for Jed Town, Semi-retired punk

**How long have you been in Paparoa?** 3 years.

**What brought you to the area?** We'd been looking all over the place for a rural property when friends invited us up to visit and the property next door was for sale. We really liked the area and the rest, as they say, is history.

**What do you do here?** I still write music - these days for films, documentaries and live shows plus I'm learning 3D graphics. I'm also a member of local band 'The Swamp Brothers'.

**What do you like about living here?** We came back from London with a dream of buying a bit of land with the potential for some sort of self sufficiency and the community here are great.

**What things you would like to see happen here?** I'd like to see traditional beef and dairy farmers looking at diversification into things like commercial hemp production. I'd also like to see a native seed swap for propagation of local manuka, flax etc. PP



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