



Thefts at Matakohe Bridges Project

There has been a spate of thefts of all sorts of supplies and equipment from the Fulton Hogan site at the Matakohe Bridges Project.

Fulton Hogan, NZTA & Opus have been very community minded during all phases of the bridges construction and road realignment. They have consulted closely with the community and local Iwi during all facets of the project. Jobs have been offered to locals, donations of (traditional) carving timbers have been gifted to local carvers, and firewood has been cut to length and donated to the Lions in order to raise money from its sale for community projects.

Unfortunately, some 'less savoury' people (thieves), have helped themselves to a large amount of worksite equipment and supplies. These thefts usually occur during the night, often on weekends. Recent items taken have included firewood, all cut to 'fire place' lengths and destined for a good cause. It would have taken a truck or a vehicle towing a large trailer to remove this. A (new) fuel trailer full of diesel and a commercial size trailer-mounted waterblaster unit have also been stolen. Several new roadside paddock gates were removed which could have been a serious safety concern

had the stock from paddocks escaped to the road. The latest theft was of many 6 metre lengths of 8"x 2" timber destined for the new 'shared pathway' walkway being constructed so people may view the 'Pou' which is to be erected shortly.

The FH project workers and management are decent and hard-working people who are very proud of what they have accomplished. It is so disappointing for them to turn up for work to find their tools and equipment stolen yet again.

As a socially responsible community we should take steps to ensure repeat thefts are thwarted. If you happen to be driving past (at night or after normal work hours) and you observe suspicious activity anywhere around the project site then dial 111 to report it immediately to the Police. If you are able to get vehicle registrations great, but don't put yourself in a potentially confrontational position with these people. If you have been offered any of the items listed above or have any relevant information please call Police (phone 105).

Bruce Gee

Paparoa School 150th Jubilee



In 2020 Paparoa School will celebrate 150 years of educating the children of Paparoa.

The School Board sub-committee invite anyone from the community who would like to be part of the Jubilee organising committee to attend a meeting on Thursday 18th July. This will be located at school in Room 3 at 7pm.

We will be establishing a timeline, coming up with initial ideas and setting up sub-committees.

We look forward to seeing you at school!



Paparoa Bush Walkway Upgrades

Work continues on the Paparoa Bush Walkway with mesh installed on much of the more slippery parts of the boardwalk. Some of the older boards will need to be replaced due to decay.

The Paparoa Lions have been caretakers and developers of the walkway since the then owners covenanted the area with the Queen Elizabeth II National Trust in 1989. The bush is bounded by an extensive saltmarsh which is inhabited by banded rail; these and other birds all contribute to what is a special ecological wilderness, rarely found now in New Zealand. As well as extensive pest control and ongoing maintenance, lions have recently diverted the track away from kauri trees and built boardwalks over tree roots in order to reduce the risk of Kauri Dieback disease.

The present landowner received funding from Northland Regional Council (NRC) to help with erecting extra boundary fencing to stockproof the area. We are very thankful for this as stock should no longer be able to enter the bush and damage the walkway. With help and advice from NRC and DoC, there have been 'wash stations' in place for several years. There are two large groves of Kauri which need protection. This is way beyond the Lions Club resources alone and they rely on applications for funding, in addition to those funds contributed by PPI and Council.

REMINDER TO WALKERS:

Please ensure you clean your footwear with brushes provided prior to using the antiseptic. The Trigen antiseptic does not kill any spores which may be in the soil on your footwear. We are very fortunate to not have Kauri Die-back disease in our bush, so please help to keep it that way. The walkway is enjoyed by many people including walking clubs and schools.



Jim Rowlands & Stu Robertson install mesh netting

Paparoa Lions

Paparooa Press PP

PUBLISHED MONTHLY BY
Progressive Paparooa Inc. (PPI),
for Paparooa, Pahi, Matakoho,
Whakapirau and Tinopai.

CIRCULATION 1,050

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ADVERTISING

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Booking & Copy deadline:

15th of month

Publication date 1st of month

Libby's Councillor Corner Local Government elections 2019

Local government elections have rolled around again. October 12 is Election Day, when we will decide on representatives for the Kaipara District Council, Northland Regional Council and Northland District Health Board for the next three years.



It has been a privilege for me to have been a Kaipara District councillor for the Otamatea Ward and a director of the Northland DHB over the last three years.

Due to growth in the eastern area KDC's ward boundaries have changed for this coming election. A new ward encompassing Kaiwaka and Mangawhai with two councillors has been created. Otamatea ward, also with two councillors, has been extended west to Tokatoka, so including Ruawai and extending north to the Taipuha and Ararua areas.

Voting for Northland DHB is 'at large' which means that seven members are elected from one list of potential candidates. Government later appoints four more directors to make up for any shortfall in diversity - such as gender, Maori, other cultural, finance expertise, etc.

So what of this year's local government election for me?

I plan to stand again for Northland District Health Board. With the current government review of New Zealand health and disability services taking place this may be the last Northland DHB push as there seems to be a push towards regionalisation. If so, I would like to be part of determining how that works for Northland, particularly for rural areas, and how our unique needs get given a voice in any new arrangement.

For the Kaipara District councillor role I want to hand the baton on to someone else from our area. For me it has been an amazing experience, I have learnt so much and have been extremely grateful for the opportunity. I have contributed a lot in asking questions, in decision-making, in representation and been a

positive addition to the team. However, I have stretched myself pretty thin these last three years, with my paid part-time job and I cannot continue to do so for another three years, without my wellbeing seriously suffering!

I believe KDC is in good hands with our new CEO, Louise Miller and some exciting things are in train - review of the District Plan, Provincial Growth Fund money, debt reduction, and improvements in customer services, community involvement and consultation. What I have learnt over this time I will take into my ongoing community roles, which are what sustains me and keeps me connected to our great people.

Meanwhile I remain your local councillor until 12 October and I'm still happy to be contacted.

Libby Jones, 021 208 0093
Councillor KDC/Director NDHB

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Print Shop and Press advertising costs reviewed

As mentioned last month due to print cost increases over the last 5 years, printing charges at The Print Shop and advertising in Paparooa Press have been reviewed.

We will retain the present charge for printing at the Print Shop (20c per B/W, A4 page, colour 40c A4, page), but from 1 July the community groups discount will be 15% (previously 20%).

Advertising in the Press will be increased by \$2.50 per advert insert. The Rate Card with full details is available by email on application to press@paparooa.co.nz.

PP

Can you help?

ST JOHN TRASH AND TREASURE
6th to 11th October



We are now planning this year's event - the annual fundraiser that we have run for 35 years in a row.

While we have plenty of help running the event during the week, we are very short on people to help set up and dismantle the shelves, as well as giving a hand to move and deliver items during the week. Without more support in this area we may have to forego this year's event.

If you are able to offer two or three hours to help with this work during this week, please call Eileen - 021 142 0357

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Connecting workshop #2

Great to see all the energy flowing again for the beginning of an overall plan for Paparoa at the follow up 'connections' meeting.

Everyone contributed and ideas from the last workshop were prioritised. Overwhelmingly the first priority was to create an overview/overall plan. The large group divided up into three groups to devise maps of what could go where and how to connect the different aspects of our village. There were huge similarities of ideas and agreement amongst all the participants.

The list of priorities (after the overall plan) were:

- ◆ Create a safe walking/cycle track
- ◆ Mountain bike tracks
- ◆ Link cycleways with town attractions and to the medical centre and shops
- ◆ An all-year, all-purpose track around showgrounds
- ◆ Co-ordination of community events
- ◆ Re-invigorate the Farmers Market and how it connects with Paparoa shops
- ◆ A collaborative planning team for cycleways
- ◆ Cultural heritage (walkway)

- with information signage
- ◆ Little 'boutique' centres of discovery
- ◆ Attract and encourage youth involvement
- ◆ Safe walk/cycle path- Village Green to The Landing
- ◆ Connections from Wearmouth Road/Sterling Bush to showgrounds to The Pines Road
- ◆ Consider climate change
- ◆ Family friendly sites
- ◆ A flat cycle track
- ◆ Consider all ages in planning
- ◆ Showground link to cycleway
- ◆ Fix footpath network
- ◆ Use of colour and art
- ◆ Create a community workshop space.

The next step is to combine the plans created to form one overall plan, and to identify people who would like to be part of the different groups to move ideas forward.

Let us know what areas you are interested in through paparoaconnections@gmail.com or Libby Jones, 021 2080093.



Charting Paparoa's future

Twin Streams - Wai Oranga Rua is a modern subdivision with a wide roadway, planted roadside, footpaths and landscaping features that will bring a sense of pride in Paparoa.

Unlike ribbon development along main roads or isolated lifestyle properties, Twin Streams is an integrated subdivision that will have a feeling of community for its residents. Unique in that it has been developed by a non-profit charitable trust, it is the result of the trustees' vision to retain senior residents in the community. No individual trustee will benefit financially and costs have been kept low to the benefit of the residents.

Because of this unique structure, intending purchasers are now urged to reserve a lot with their deposit. While a number of people have already made this commitment there are still some very desirable lots available.

By purchasing at entry level pricing, residents can secure a property that can be built on at the appropriate time. With the main criteria being a minimum of 60 years age

for one of the residents of the retiree lots, ownership options are varied. There is no time pressure to build. Unlike most retirement villages, any lot and dwelling erected is the sole property of the owner with no buy back obligation to the trust. There will be a small fee for maintenance of the common areas. Residents are free to erect a dwelling of their choice that complies with a small number of criteria.

The trustees are very heartened by the strong level of interest expressed. Some lots have sold to people from outside the district who can see Paparoa is a desirable place to live. Now is the time for the community and the wider Paparoa district to secure its future in Twin Streams.

For further information call:
Jill Wilson, First National Real Estate, 09 431 1016 or
Keith Shadbolt, Ray White Real Estate, 09 4318 820

Come to the movies at Paparoa Hall - FRIDAY 12 & SATURDAY 13 JULY

The Paparoa Hall Society will be showing 'Hunt for the Wilderpeople', a recent New Zealand movie which many may have missed when it was first released or otherwise would love to see it again. Secretary Loraine Rowlands said, "We're hoping to get good support for these evenings as apart from having a great community gathering, we are fundraising to help keep the hall operating financially." Doors open at 7pm, with icecreams for starters and a light supper after the movie (which runs for 100 minutes and is rated PG). All for just \$10 adult, seniors \$8 and child \$5. Bring your knee rug in case heaters are not available.



By popular demand following the first movie night held in January, the society plan to hold more regular film screenings. Keep an eye out for notice of the next movie night when 'Mahana' (another great NZ rural-based movie) will be screened. LR

"I can't imagine any New Zealander who won't appreciate the humour, the pathos and the nostalgia of a truly local film" RADIO NZ



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I Am Maori

Senior performing arts students of Ruawai College were privileged to be able to attend a Performance of the touring group 'Young and Hungry' who were hosted by the Matakohe Museum.

The troupe performed 'I am Maori' in an intimate space within the museum. The performance was made up of a selection of extracts from Maori playwrights, with the theme of ordinary people overcoming obstacles.

Our students were wowed by the exceptional use of props to bring out the messages, and the seamless way that the actors interchanged roles. The stories were a powerful commentary of Te Ao Maori; land issues and politics, with the common thread that connection to culture gives strength to find the hero within.

This was a perfect performance for our students to study for their NCEA exams in November - there will be plenty for them to write about when it comes to the analysis of live performance! We are thankful that The Matakohe Museum had the insight to bring this kind of performance to our area as small schools and communities like ours often miss out on such opportunities.

Deborah Steele
TIC Performing Arts, Ruawai College



Lions Change of Officers

Paparoa Lions recently held their Change of Officers evening with guests from neighbouring clubs bringing attending numbers to nearly 50 people.



Paparoa Lions officers pictured with Maria Goodhew (second on left) the Northern region Lions Chairperson

Outgoing president Bruce Lydiard reported on another busy year for the club. The two main income streams have been sales of firewood and from the food caravan at various community events. Donations for the year totalled in excess of \$15,000, the majority of which goes back to our local schools, community groups and a few individuals on activities such as Outward Bound. Bruce also commented "The real value of having a Lions Club in our district comes from not only the donations, but from the knowledge that we reside in a caring community where assistance, if required, is just next door or just around the corner."

Lions also support local community groups, providing assistance with projects or by offering them fundraising opportunities to cater for the

monthly dinner meetings. For example, Paparoa Primary School PTA provided a delicious meal on the Change of Officers evening and were rewarded with a substantial cheque to help support the school. Please contact Ken Chambers (431 7443) if your group is interested in catering as a fundraiser.

Incoming President Stephen Seager is looking forward to the challenge of leading the club with the support of the membership. One of the goals in the next year is to purchase an up-graded food caravan.

Lions still have firewood available, mostly macrocarpa which burns well. Stephen, the usual firewood co-ordinator is having a well earned break this month, and so enquiries for firewood during July should be directed to Ruth 021 443 969.

Paparoa Lions

Would you like to drum?

Would you like to try something new? Drumming is fun, relaxing, accessible to all, therapeutic and provides an opportunity to connect in to your own natural rhythms.

A beginners class is proposed for Paparoa, from Thursday 1 August weekly for 4 weeks at the suggested time of 4pm to 5.15pm.

Josie Scott of Dargaville facilitates these workshops which have been held in Dargaville in the past. This is a brilliant opportunity to bring something fresh to Paparoa locals! Cost would be \$15 per class or \$50 for all 4 classes. Drums will be provided and it would be at the Paparoa Hall. A minimum of 10 drummers is needed to make it worthwhile.

An indication of people interested and/or committed is essential so that Josie can be booked in. If you are keen please contact Lorraine 09 431 7290 or Josie 021 0223 8621.

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What's happening at The Kauri Museum

Greetings Paparoa and Districts,

My name is Zoe and I've just started at The Museum this June in the newly created role of Marketing Coordinator. New to the area since January, I am enjoying the change from Auckland. Coming from a marketing and events background but working mostly in the creative industries, I'm looking forward to supporting the museum's activities and hopefully meeting many of you at upcoming events!

SCHOOL HOLIDAYS

Just around the corner are the July school holidays! The team is looking forward to hosting another group of lively young ones for a series of two **creative do-it-yourself workshops**. These will take place in The Museum on each Wednesday (10th & 17th July) and are great value at only \$20 per child; reserve your child's place asap.

EXHIBITIONS

'Creating with Kauri' is on until September 30th. Free



Te Hurihangaamataaho - The overturning of Papatūānuku the earth mother by Mataaaho by Thomas Hansen. From 'Creating with Kauri'

entry, this exhibition is really something special. The opening night in late May was a truly inspiring evening. The exhibition, which includes 19 pieces from 19 different artists is a new collaborative initiative. Each artist created a new work specifically for this exhibition from kauri gifted to them by The Museum. Most of the works are for sale and are at a range of price points.

Also do not miss the **Matariki Schools Arts Exhibition** on until July 21st. This exhibition showcases group work from seven local primary schools (see Paparoa School's entry on back page).

Coming up in August is the annual '**Kauri Museum's Northland Photography Award**'. Entries are open from July 15th to August 12th, and the exhibition will run from August 13th to October 16th. The theme this year is 'This is Northland; Home of the Kauri' - an exploration of our beautiful region where kauri once covered the land. For entry and prize details visit the website.

This year the Kauri Museum celebrates **National Poetry Day** (August 24th) with the launch of a poetry



Volunteers at work in the displays

competition. Entries will be accepted from August 24th to September 12th. The theme for this year is 'Voyaging' - to, in, or around the Kaipara'. For entry and prize details visit our website. Winning entries will be published in Paparoa Press!

VOLUNTEERING

In June we celebrated **National Volunteer Week** and Tracey Wedge, General Manager commented, "Volunteers are crucial to the smooth running of The Kauri Museum. From

our volunteer Trust Board through to our gardening volunteers, it is the voluntary support we receive from our community that ensures our museum remains the international icon it is."

If you are interested in volunteering with The Kauri Museum please contact us 09 431 7417 or email info@kaurimuseum.com

Zoe Williamson
Marketing Co-ordinator
The Kauri Museum
www.kaurimuseum.com

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Bridges project winds down

The Matakoho Bridges Project is almost complete and the last of the minor works will roll out in the next month.

Matakoho East Road corner easing

• Vegetation has been cleared and services relocated, drainage and earthworks in the old feijoa orchard have commenced.

Landscaping

• Mulching and planting was to be completed throughout June.

Shared path

• Construction has started on the shared path and Wahi Taonga area which will be transformed by the end of June.

Alignment open to permanent speed limit

• A major milestone has been achieved now the Matakoho realignment is 100kmh. Thank you for your patience with reduced speeds throughout the project. Some speed restrictions will occur in specific areas to enable the remaining work (for example,



Installing the give way sign at Hardies Bridge intersection.

on delivery of plants) to be completed safely.

Hardies Bridge Intersection

• This intersection was sealed in May with a give way sign installed.

Drone footage is loaded on

nzta.govt.nz/projects/connecting-northland/matakoho-bridges/videos/
Please contact Melanie Norris, Fulton Hogan 0800 577 623 or 027 236 3078 if you have queries or feedback regarding drone flyovers or any other aspects of the project.

All the Best,
The Matakoho Bridges Team

ORT News

'WINTER RAZZLE-DAZZLE' Saturday 3 August 2.30pm

A creative showcase featuring some amazing costumes and entertainment. One show only. Tickets at the door. Adults \$10, Students \$2

DINNER THEATRE

COMEDY

'This is Your Captain Speaking'

This will be fun - it's a play, a musical, a pantomime, a movie, a dinner show and it's madcap, high-flying comedy. A great show for people who don't normally go to live theatre.

We have changed the performance dates for this show to enable six shows at the beginning of November, over three weekends. Peter Matheson is the director; auditions will be held in July/August. Details to follow.

Maura Flower



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Maungaturoto and Districts Rotary

Rotary news and events

The past month has been relatively quiet with reduced attendance due to illness and other work commitments. However, our gatherings have been no less enjoyable as we share a meal on a Tuesday night.

I was fortunate to attend another District function, this time the Challenge Camp concert at Muriwai. For a week 15 young people with various disabilities have the chance to mix with other young people and are given activities that not only challenge them but also enhance their social skills. The concert these young people gave was quite inspirational.

Our dinner meeting speakers have again given us food for thought. Llew Smart, police officer gave an insight on his work in the community; Libby Jones, local Kaipara District councillor and Northland Health Board director on her work, especially in the NHB; and Marlon Acuin, who came from the Philippines, to Paparoa described pig farming in the two countries, the challenges of obtaining a work

visa and adjusting to a life in a different country.

Having installed a picnic table at Whakapirau, we are now looking at doing one for Maungaturoto Primary. We are also investigating how to get rid of tradescantia plant along the stream at the school.

June 25 was our Presidents changeover evening when Keith Shadbolt handed over to Les Kenworthy-Thompson. Each President has a one year term and each puts their own 'stamp' on the position.

A reminder, we still have plenty of calf litter for sale at Maungaturoto Four Square.

As Rotarians, we enjoy many interesting guest speakers, working bees and times of fellowship. If you are interested in joining us, please get in touch with any Rotarian.

Eileen Parsons 021 142 0357

Library Hours

Tuesday10am-4pm
 Thursday ...10am-4pm
 Saturday9.30am-12noon

If you are returning books outside these hours there is a book return box available at Skelton's

ACKNOWLEDGEMENT OF CONTRIBUTION Colleen Taylor

On behalf of the team at the Paparoa Library I would like to acknowledge the dedicated support that Colleen Taylor gave to our library. Her extensive book knowledge and the quiet implementation of our administration systems remains an integral part of the running of the library today.

Our sincere condolences to Julie and the extended whanau.

Jas Futter- Library Manager

What's happening at the Library

CHILDREN'S SECTION

Our children's section of books is filling up nicely and we have new titles on order and some of these books are just great. Simie Simpson of Dargaville Library is an absolute 'children's book' expert and her guidance and help with choosing the books makes sure we are getting some fabulous titles for children to read.

Our challenge now is to get children into the library to join up and participate. We have **special programmes** planned for the holidays and we are starting up our own **Kids Bookclub**.

SCHOOL HOLIDAYS

WEEK ONE

Tuesday 9th July 11am-12midday with Brooke Healey, our own Paparoa author.

Brooke will be at the library to talk to you about her fabulous book 'The Peacock and the Swan'. She will tell you how she wrote and published her book - and give some ideas to set you on your path to writing your own story. There will be copies of her book available at \$15 which she will personally sign for you.



WEEK TWO

Tuesday 16th July 11am-12midday. For preschool to 6 years

Thursday 18th July 2-3pm. For ages 7 to 11 years

NB: Drop off and pick up times are to be adhered to please and parental permission must be given to attend.

To book your place call Jas, Library Manager on 022 678 1474.



THE KIDS BOOK CLUB

For the younger children we have a range of fabulous story books we will read to you and there will be an activity for each story.

For our second group of older children bring in a good book you have read, tell us why you enjoyed it - read a page from the book or get someone else to read it for you. Have a look around our new library and if you're a keen reader join the library. For the older children join up and go into the draw to be Librarian for the month. If you already belong you will automatically go into the draw.

Come in on a Saturday morning to work with the librarian on duty, helping people to take their books out, sorting the books that are returned and learning the ropes of the library.

Book your place - call Jas, Library Manager on 022 678 1474

THE KAURI MUSEUM

Real New Zealand Heritage

What's on at your Museum

- * July School Holiday workshops July 10 & 17
- * Matariki Schools Exhibition - until 21 July
- * 'Creating with Kauri' - to 30 September

For residents of the old Otamatea District: Annual passes available

5 Church Road, Matakoho, Northland. p: 09 431 7417 w: www.kaurimuseum.com

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I've been thinking about ... Egregious and Literally

Well, honestly, I have not been obsessing about these two words but for some reason they seem to be popping into my consciousness rather frequently.

You know how it is. You don't hear a word for ages and then, suddenly, it's everywhere.

Such a word is **egregious**. I had to consult the dictionary. Seems heaps of things are 'egregious' especially if you are writing in a magazine or being interviewed on the radio.

Another is **literally**. Miss 10 seems to use it all the time, like, literally. In her-speak it is simply an intensifier and I have to resist pedantry when she utters something like, "I was petrified, literally".

Whether this is just a word she likes, or a modish expression in her social group I have not discovered.

I think I first became aware of the importance of words as a teenager when it was essential to express approval or enthusiasm with either fab or groovy. To use any other expression would immediately identify you as belonging to the very lowest echelon of unfashionable society.

Essentially teens must adopt the trendy, be it fab, groovy, neat, great, wicked, grouse, cool, wonderful, gnarly, sick, or whatever. Anything else relegates you to nerdity, dickness, or some other form of individuality. A truly horrid fate for the young.

Words are highly infectious. They may present as a rash in families or schools or cities. They can spread through social media: print or radio: take possession of your consciousness, control your tongue. There is no antidote.

It is possible not to catch a word, but it takes great strength and awareness because the sneaky things just enter your vocabulary quietly without asking permission.

It can get really annoying when a speaker overuses an expression. I find OMG

especially distasteful and would cheerfully campaign to have it added to the list of words not permitted on TV. Surely there are other ways to show surprise. However, we must accept that the person infected with an overused expression is probably totally unaware of his/her condition.

The words we use tell others a lot about us and it is fun to decipher the clues. Hard as you try, you can't throw away all those habitual expressions for approval, disapproval or surprise which really are a clue to your age. It's fun to play with words, to use them differently and to vary your vocabulary. However, egregious is not going to trip off my tongue any time soon and I can literally resist literally. I'm prepared to bet on that- like absolutely.

RS

Record lack of rain

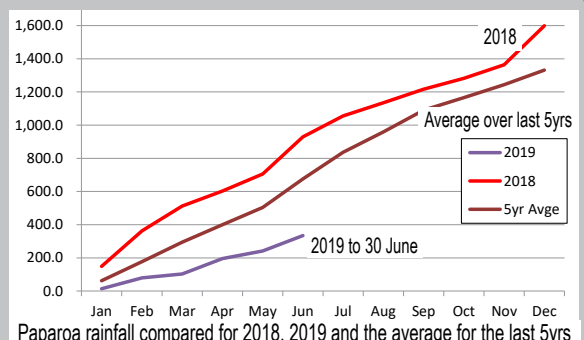
The district is having the driest year so far for at least the last ten years. The table below shows rainfall for the last five years at the Paparooa Ariel's Hill site (Northland Regional Council).

MILLIMETRES RAINFALL RECORDED FROM 2014-19

	End June	Full Year	comment
2019	334.5	?	
2018	929.5	1598.5	Wettest in 10 years
2017	828.3	1424.6	2nd wettest
2016	690.2	1378.3	
2015	424.0	875.4	Driest in 10 years
2014	507.5	1379.6	3rd wettest

- 2019 is currently 90mm drier than 2015, which was eventually the driest year of the previous 10 years with a total of 875.4. The three driest years are, in order, 2015, 2013, 2012.
- 2018 holds the record for most rain with 1598.5.
- The four wettest years in the last ten are, in order, 2018, 2017, 2014, 2016.

I'd be really happy if anyone can show a pattern!
Don Hargrave



Paparooa rainfall compared for 2018, 2019 and the average for the last 5yrs



HarbourCare award Highly Commended

The Northland Regional Council held its first Environmental Awards this year, and local content was represented by Mark Vincent of Otamatea HarbourCare which was a finalist in the 'Environmental Action in the Community' section.

The awards ceremony was held at Whangarei, attended by Mark, with Bruce & Estelle Lydiard and Sue Johnson as support team, along with about 200 other people. "We were lucky enough to come away with a Highly Commended award for our category, which is pretty pleasing for a group which has only been operating about five years. It is recognition for the work carried out by lots of people in our area to make it a better place to live in by growing trees and planting them alongside waterways leading to our Kaipara Harbour," said Mark.



Bruce & Estelle Lydiard, Mark Vincent & Sue Johnson at the NRC Environmental Awards (Photo: Sue Shepherd)

Winner of the category was the Friends of Matakoho-Limestone Island Society, which has been doing great things for a very great length of time.

Mark Vincent, Otamatea HarbourCare

Dining Italian in Paparoa

The recent Italian dining weekend held at the Thirsty Tui was a great success and, because customers have asked for more, we will have another International Weekend in the coming months.

But first, we want to know what you fancy - Russian, French or Southeast Asian? Let us know - vote on Paparoa Hotel facebook page or let us know next time you're in! We'd love to hear what you'd enjoy and the most votes will decide the event.

Warm congratulations to Catherine Sefton, winner of our fun Italian quiz. She managed to know about Fiats, Italian film directors and also knew how Sean likes his coffee! She's thrilled to be our guest at a dinner for two at the Paparoa Thirsty Tui Hotel soon.

Freshly made in-house, all the Italian meals were totally authentic including a classic Sicilian peasant pasta dish with pine nuts, red wine and crunchy breadcrumbs with

garlic and parsley.

Our wonderful chef Steve hails from England but has worked in Sao Paulo's Michelin-rated Fasano restaurant under the celebrated chef Luciano Boseggia in Brazil. More important, Steve's wife and her family are Italian so you know he has to know his stuff! It seems our patrons agreed. On our facebook page Anna Benton-Guy said, "The meal was fabulous. The tomato soup was thick and tasty, the pasta full of gorgeous flavours, rich and scrumptious. Michael loved his lamb shank."

If you missed out, fear not. Because of great reponse we are keeping the risotto, lamb shank and creamy polenta on the menu as a winter special. The polenta has a buttery,

nutty, cheesy flavour and is made from corn, a delicious Italian winter comfort food to enjoy in the cold winter months ahead!

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Working to live in a Greenspace

Greenspace Plants in Mountain Road, Maungaturoto began in 2013 when Don and Kirstin started the necessary earthworks to create the platform for a nursery and promptly bought a second hand 24mx7m polytunnel from the closing down All Seasons Nursery in Mangawhai.

Deconstruction and relocation required the mapping and coding of each individual piece, a huge undertaking. The main shed was built first to determine the location of the polytunnel then preparation and further levelling was done. Once the rebuild was completed in late 2016, sowing seeds was started in earnest. Formerly, the kitchen sill had been a prime growing site. The first plants were sold at the Easter Market at the Mangawhai Domain in 2018.

Don served an Amenity Horticulture and Turf Management apprenticeship at Auckland City Council having long been drawn to nursery production. Upon completing this, he worked in the council's tree and shrub nursery in Grafton Gully, on the edge of Auckland Domain. Serving 18 months in this role fostered his motivation and inspired him to one day run his own nursery. Managing his own landscaping business and later some of London's prestige parks has enabled Don, and Kirstin, to

gain a wealth of knowledge and experience, helping to achieve their dream nursery.

Don and Kirstin enjoy being outdoors and busy, so the lifestyle fits perfectly and enables them to schedule work around family commitments and children's activities. It's really varied work, from sowing seeds and pricking out to potting up, meeting customers and sharing ideas and knowledge - no one day is the same, just like the weather. They both say that it's so rewarding when the seeds begin to sprout, or when a gently nurtured plant begins to flower, or when in discussing a customer's requirements everyone involved has become really inspired.

The day is divided with Kirstin spending much of it in the nursery and looking after the admin, and Don with his project management and consultancy projects also generally looking after the nursery. "We love gardens and gardening, so it's great being able to work with plants and see peoples' ideas



and plans come together". They feel lucky to have Don's uncle and aunt help out one day a week. Once again, fitting their lifestyle to include the enjoyment of valued extended family.

Most of the natives are sourced from seed collected locally, but where that's not possible trusted contacts are used to source quality seedlings, which are then grown on to landscape sizes. Currently trees and shrubs are available in PB3's (1.8L) and PB5's (2.8L) but they are now working towards larger sizes. Recently, on the look-out for interesting plants to increase their range, potting up has begun of some citrus trees, magnolias and more coloured flaxes.

To sum up they say "And it doesn't feel like work, it's satisfying. Don will sometimes come home after working in town and go and pot up some plants to wind-down."

It is a good life!

PP

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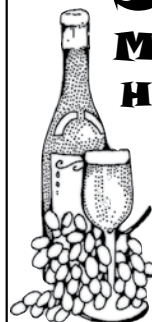
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News, drawings & workshops

Once again the Gallery would like to thank the visitors, The Kauri Museum, friends and members of White Rock Gallery for their on-going support, especially through the colder months. A special thanks to Pat and Kathy for their endeavors to display everyone's work to best advantage in the space available, great work.

So do wander along to have a look and, as an added bonus The Kauri Museum is holding a free exhibition, 'Creating with Kauri', not to be missed.

Sad to say Hannah is leaving us and I for one will miss the inquiring looks of her handmade bears

As this doesn't seem to be very much for an article and although writing is way out of my comfort zone, I thought I'd talk a bit about **drawing** as a foundation for artistic works.

Drawing teaches you to see, especially with drawing from nature, nature is a great teacher, and the more you look the more you will see. This in turn gives you knowledge of what works and what doesn't in your creations, what is pleasing and what is not. Depending on your intent and likewise with writing, with practice you go from printing to your own unique style of script by incorporating what pleases you and discarding what doesn't.

I will confess I do a lot of my drawing nowadays from freeze frame TV, and although it's not quite as good as life drawing or nature, it has advantages in capturing fleeting movement and expression and gives

access to a myriad of different landscapes. With drawings for 3-dimensional (sculpture) figure works you would ideally work with a model.

Drawing also helps with development of your memory. The way I mainly draw is to look at a section, say down the outside of an arm as the outside edge is easiest to see. Try to commit this to memory usually in the form of shallow S curves, then look at paper and draw this line from memory in the appropriate place. Then repeat the process with the next section and so on.



Mrs Charles Badham 1816
Graphite on wove paper

For medium, I would highly recommend pencil or graphite for ease of control and versatility. One pencil sharpened (a bit of sand paper or a file for the lead) to a point, another with thicker lead sharpened to a chisel or square

point for the variety of line it can produce and also maybe a couple of different grades. I have seen delightful line drawings by Ingres produced by just the use of two pencils one light, say H-HB for the distance and one dark say 3B-6B for the foreground. Turner also used this method in some of his sketches.

Also, have a couple of good erasers, one for adjusting tone and corrections and a fine one for highlights.

With pencil graphite you can explore line, tone and texture easily and create images from line sketch to photo realism. All these skills develop understanding and enable you to try out ideas that are transferable to greater works in other mediums. For example in detailed figure work in watercolor, rather than a sketch, I will have worked the details out in a tonal pencil



Drawing tree - landscape

drawing and then transferred a very light outline to the water-colour paper.

As with life, variety or contrast is the spice, and so for example, is line. At one end there is slow steady accurate line and at the other end of the spectrum there's line, fast not so accurate, but full of life and spontaneity. Your line work will usually be somewhere between these two but ideally you should try to incorporate a bit of all three as they will enhance each other through comparison as does light against dark, rough against



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smooth etc.

On to **workshops**. One of the Gallery members is looking at running in-depth and hands-on workshops in drawing and watercolor. Also I think, in the pipeline is an excellent workshop on flax weaving and if I heard correctly, one on mosaic. These are to be confirmed and there may be others.

Once again we thank everyone very much for their ongoing support.

Peace be with you.

Cheers, Matthew L Smith

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Loves Resistance (sketch)
1885, graphite drawing on coloured paper



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glued to the door.

She mysteriously appeared when
she let the dog go -
but it was always when the
voices were low.

With her mind bristling
full of intelligent man
conversation -
and after hours of dedicated
listening

She went to print,
and wrote a story ...
with rather a strange kink.

By a man-in-the-shed's-sidekick

Letters from The Old Post Office Mutabilis: or 'Alas, poor Yorick I knew him well'



Dear Reader,

As autumn tucks itself away and the cold southerly starts to snap and bite, thoughts tend to turn, well, wintery.

Kicking through the drifts of browning leaves my reverie was broken by the glimpse of the *Mutabilis* rose. Bright wings of red, pink and softer buff flitted in the wind, just like the wings of butterflies that sometimes the bush is likened to.

Of course, in the man in the shed's vernacular it is more commonly referred to as a pestilent illegitimate offspring (or words to that effect). Never-the-less, my spirits were lifted, just as the



men in the shed were attempting to lift theirs. (Just my way is cheaper). And, pausing to enjoy this beauty from the past (possibly bred around 1890's) I considered its name. *Mutabilis*, from the ancient Greek metabolous, meaning to undergo metamorphous. To change, to transform perhaps for evermore. And, by a leap of tenuous logic I remembered the tale of the three gravediggers...

Once upon a time a grandfather died and was buried by his second wife, *who knew where*. After some research it was discovered that he lay not next to his first wife in the family plot but in a town not too far away. The Headstone had seen better days when finally it was tracked down. In fact, it had been tracked into the mud by a mowing machine. Cracked and shattered it was the elderly grandson's desire that it should be re-instated. Three merry erstwhile grave renovation experts approached the task with their usual sobriety, skill and respect. Dancing upon the grave proclaiming what little Shakespeare they knew, they were shocked into silence as old concrete cracked and one gum-booted gentlemen sank to his knee in the grave. This was their chance, and they took it. Singing their tuneful way home.

"So, I'm a wrinkly, crinkly, set in my ways.

It's true that my body as seen better days.

But give me half a chance and I can still misbehave.

One foot in the grave.

One foot in the grave.

One foot in the grave."

I look to the rose bush and wonder when metamorphous may get underway.

Deb

"One foot in the grave" - Eric Idle

Empire closing

It is with a heavy heart that Jillaine has decided to close Empire, the art and cafe shop in the middle of Paparoa.

"I have loved so much about it but the simple truth is, it is all consuming and leaving me with no time or energy to create my own art work, which was the reason for starting the shop in the first place. It's also very much a weekend business and that has impacted significantly on my family time. As much as I have loved it, it has moved me away from the core reason for having the shop, and so I've made the really difficult decision to change direction" says Jillaine.

It has been such a wonderful community 'bumping' space and it would be fantastic if there was someone out there who wanted to take over the space and the café set-up, and continue to run it as a café in some form.

Jillaine is not looking to sell the business as such, but is open to discussion around selling the chattels that make up the café part of the shop. The venue is an established coffee and food outlet and has a really solid loyal, local following. Someone could come in for minimal cost and hit the ground running.

If you are interested in discussing the option of purchasing the chattels and leasing the premises, please give Jillaine a call 021 399 555 or email empireart99@gmail.com

Jillaine would like to thank all the locals for their support of Empire until now.

Jillaine



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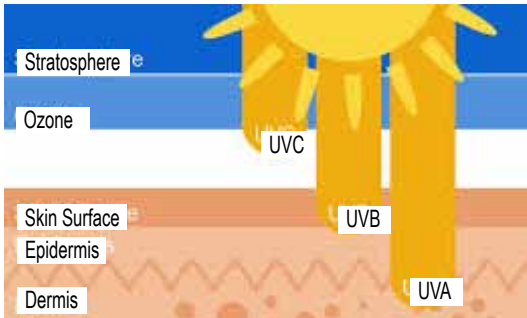
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Sunshine and skin - part 1

The right amount of sunlight is so good for us because it directly influences our feel-good hormone (serotonin). That's why being outdoors generally makes us feel happier.

We also need sunlight to help us make Vitamin D, which helps prevent bone disease (osteoporosis) and impaired immunity. To stay healthy it's recommended that we get 10 to 20 minutes of sunlight each day.



UVA rays bypass the upper skin layer, we can't see or feel the damage so we tend not to wear sun protection in the winter or on cloudy days but this is when skin stem cells, fibroblasts (cells that make collagen, elastin and hyaluronic acid) are damaged causing our skin to age.

The sun radiates numerous types of waves including UVA and UVB.

UVB are shorter rays which hit the top layer of the skin (the epidermis) causing damage that you can see and feel - like redness, inflammation and burns.

UVA are longer rays able to penetrate the epidermis and into the dermis where they destroy cells essential for healthy skin. Their danger lies in the fact that we can't feel or

see the damage because it's deep in the dermis. Damage accumulates over the years and shows up as solar keratosis, irregular pigmentation, laxity and possibly skin cancer much later in life.

Here are the interesting facts that no one gets told - UVB occur mostly in summer or between 11am to 3pm when sunburn occurs. UVA occur all year round, from sunrise to sunset, at the same intensity, even on cloudy days. Because

Most sun damage and photo-ageing is a result of exposure to UVA on a daily basis - gardening, driving, walking. That is why it is important to protect your skin even in winter, not just when on holiday or down at the beach. Protection can be sun-wise clothes, hats and a good broad spectrum sunscreen which can protect from both UVB and UVA rays.

Next month, I will be sharing about SPF's, the pros and cons of chemical vs physical blockers.

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Pets in the Valley

Finally the bot flies have stopped annoying the horses and there is a bit of a lull until the ticks start up again - don't we love the winterless north - the bugs just keep on coming!

We have speyed and castrated quite a few cats lately which is fantastic, it's good to get them done before spring comes and 'spring fever' hits. I'm always surprised by how many people think it is a good idea to let their cat have one litter of kittens first before they spey her. There are so many unwanted kittens out there that having more means other kittens don't get homes so please do the right thing and desex them at about 5 months of age.

As I've mentioned before I always enjoy doing horses' teeth because you never know what you will find. Recently I saw something I've never seen before - a pony with two upper molars side by side. Unfortunately the inside tooth had no opposing lower molar so a very large and sharp spike had developed which was lacerating the tongue. As often is the case the pony showed no external signs of discomfort or ill thrift. It is nice to know you can provide instant relief from the problem and make life better for a nice animal.



Well the days will be starting to get longer which is always a positive sign and makes it easier to get things done - more time to spend with your outdoor pets!

Take care, Janine

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OCS July news



VOLUNTEERS

By the time you read this, Volunteer Week will have come and gone, but we would like to take the opportunity to publicly thank our wonderful team who voluntarily give of their time and talents in a variety of ways. These include helping with the Seniors' programme, driving the 'people mover' van to Whangarei and other centres, relieving our front-line receptionist in the Community House to mention a few. Of course, our wonderful team of professional support people quite regularly work above and beyond the hours they are paid.

DONATIONS

In common with larger centres such as Whangarei and Auckland CBD and suburbs we have found ourselves stretched financially to cope especially with the demands of the Food Bank. We are grateful to our local service clubs, social clubs, the Maungaturoto Opportunity Shop, Countdown supermarkets and

Maungaturoto Four Square for their financial support and donations of goods. This is in addition, of course to the usual ongoing donations of eggs and garden produce etc. from local suppliers.

Other very important and valuable donations are household appliances and kitchen equipment; beds, blankets, pillows and other items of furniture. We have been able to relocate some of these useful items to several families of late, and it is wonderful to be in such a position to do this. Think of it as recycling - everyone wins - and even if items are donated to Mangawhai, Kaiwaka, or Maungaturoto Op Shops, or Maungaturoto's 'The Den', we can rest assured that funds raised from their sale will be going to help others in need.

Take care of each other, from all at OCS, 09 431 9080 155 Hurndall St, Maungaturoto

Science Corner



Phage

*Big Fleas have little fleas upon their backs to bite' em,
And little fleas have lesser fleas,
And so, ad infinitum. **

** Adapted by the mathematician Augustus De Morgan from Jonathon Swift's long satirical poem "On poetry: a Rhapsody" (1733)*

Bacteria have 'little fleas' called phage. These are viruses that only attack bacteria.

FACTS about Phage

- ✳ Antibiotic resistant bacteria are beginning to cause problems with difficult-to-treat infections.
- ✳ The use of phage to kill pathogenic bacteria is called bio-control. It is used in Russia and Georgia and there is a phage therapy unit in Wroclaw, Poland (est 2005). Phages are currently being used to treat bacterial infections that do not respond to antibiotics.
- ✳ Phages were discovered about a century ago, but it was easier to use antibiotics.
- ✳ Phages tend to be more successful than antibiotics in killing bacteria which have a bio-film covered by a polysaccharide (lots of sugar molecules joined together like starch) layer, which antibiotics cannot penetrate.
- ✳ Phages do not have any affect on humans but are specific for only one type of bacteria. They are not broad spectrum like antibiotics.
- ✳ This means that medical personnel need to know the correct phage for the particular strain causing the problem - and there are billions. Thus phage cocktails are being developed.
- ✳ Conversely phages do not kill off the good bacteria in the gut or cause side effects and a small dose can be used - BUT - when the phage destroys the bacterial cell some toxic bits may be left to cause other problems.
- ✳ It's not only humans who can benefit from this treatment. A group of Massey University undergraduate and PhD students are working on phage hunting under the guidance Senior Lecturer Heather Hendrickson. Currently they are looking for a phage to protect bees from American Foulbrood as well as human diseases such as tuberculosis.



Transmission electron micrograph of multiple bacteriophages attached to a bacterial cell wall; the magnification is approximately 200,000.
<https://en.m.wikipedia.org/wiki/File:Phage.jpg>

Good to know this is being developed
Stella



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Relaxation: a necessary indulgence

Have you ever caught yourself taking a breather and then felt guilty that you stopped working?

Do you keep putting off sitting down for 5 mins, having a glass of water or bite to eat ... saying "I'll do that once I've just done this"? Do you go to bed with your mind buzzing, replaying the day's events, planning tomorrow?

If you answered yes to at least one of those then you might just want to keep reading.

I used to think relaxation was a luxury for when there was time and money. Over the years that I've been practising yoga, meditation and sound massage, I realise that not only is this simply not true, but not taking time to relax or even taking a deep breath makes me pretty much insufferable.

Dictionary definition of relaxation: 'The state of being free from tension and anxiety'.

If you're not relaxed you are most probably tense and anxious which is a state of stress. Symptoms can express themselves physically (e.g. pain, restless sleep, hypertension), emotionally (e.g. frustration, depression, worry), mentally (e.g. negative thoughts), spiritually (e.g. a feeling of disconnect) and, from personal experience, can lead to some unhealthy habit patterns which compound them.

When we're stressed, chemical signals stop us from growing, healing, giving and receiving. They're designed to keep us alive in a crucial fight or flight moment - but in our daily lives we experience triggers, which, although not life threatening they affect our feelings of security and safety thereby generating stress.

THE REMEDY FOR STRESS

Ultimately the best cure and prevention for stress is relaxation. When we are relaxed there is no tension, our bodies heal themselves naturally, our ability to give and receive love is opened up and we feel better from inside out.

BENEFITS OF RELAXATION

- Revitalised energy - when we're relaxed energy flows and our natural vitality increases.
- Preventative health care - when we're relaxed our immune system functions and we can ward off illness.
- Stimulates creativity and productivity by reducing mind chatter and improved focus and attention span.
- Cleansing and detox - relaxation helps the body to release toxins and so function more effectively.
- Improved circulation - helps to relax blood vessels and increase blood flow.
- Nurturing relationships - when you feel good, you'll have a positive effect on those around you.
- Sleep is easier when mind and body are calm.
- Pain reduction - as muscles relax, tension pain lessens.

WAYS TO RELAX:

- Eat and drink healthy food and beverages when needed
- Gratitude - think about what you appreciate having in your life



- Quiet the mind - meditate, listen to sounds of nature, calming music or singing bowls (free mp3 download selfnurture.org).
- Move - dance, participate in Yoga, Qi Gong, Tai Chi; walk in nature.
- Create - read, write (journaling is great), draw and paint
- Turn off the TV at least one hour before bed.
- Read - positive, light-hearted stories, self-help books.
- Nurture yourself - (try sound massage, hands on massage e.g. deep tissue or aromatherapy massage, energy healing or a soak in a hot bath).
- Breathe (deep belly breaths bring more oxygen in and tell your body you are safe).

Choose your favourites and do something daily to reduce the stress in your life.

In Bliss,
Carrie Marie

Taster Massage Sessions are available at Maungaturoto Mini Market, first Saturday of the month, 10am-1pm, Simply Herbal, Maungaturoto.

Sound Energy Massage

Relax Body, Calm Mind, Awaken Spirit
Gentle massage with Singing Bowls placed strategically on the clothed body to release tension & induce a meditative, nurturing state so that you feel *Blissful*.

1st Session Special

\$30 for 30 min

\$60 for 60 min

More info & bookings contact
Carrie: 0210 576 184
Carrie@SelfNurture.org
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July's 'Pay Bliss Forward' nominees

Each month volunteers from Kaiwaka to Ruawai are selected to receive half price Sound Energy Massages. Look for posts on the local Facebook Pages or add your special person to the pinned post at fb.me/soundenergymassage. Sound Energy Massage involves placing singing bowls in strategic places on the clothed body to help unwind and relax tension in body, mind and spirit. This month's nominations go to **Jas Futter** and **Penny Ingram**.

Jas has put an incredible amount of time, effort and energy into the manager's role at Paparoa Library. She has been organising the re-opening, sorting people and books to get the library up and running while creating a great environment to work and to spend time in.

Penny Ingram has also dedicated her time to helping with the re-opening and running of Paparoa Library and also helps out at the Maungaturoto Op Shop.

From your community, thank you Jas and Penny! Let's help more people like Jas and Penny receive much needed relaxation and bliss.

Donate online selfnurture.org/sem/sem-donate or contact Carrie for bank details.

Carrie Adlington, 021 057 6184

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From our family to yours ... Baby on the go

Hudson is now a free-ranging baby on the go. Just days after discovering a new clapping talent, he put those hands to better use on the floor, got onto his knees, linked up synapses in his brain, and crawled to the nearest toy. Ironically, his father had just left for a weekend away, boldly stating "Don't let him crawl 'til I return."

How one is meant to stop a baby from crawling, I don't know; especially now Hudson has discovered exciting things such as dropped toast, (ripe for eating), open doors, (leading to dangerous places), and bookshelves full of things to rip. He has also found that concrete is a hard cold surface, so he much prefers to reach the edge of the carpet and wait for a lift elsewhere.

After crawling comes bolder manoeuvres, such as trying to climb things. With his enormous head overweighting

him, this is not a good idea, but baby will try regardless and give you a gummy smile as he tries to hoist himself skyward, before his chubby legs tumble and down he goes, leaving only his drool behind. Who can not smile at such endeavours?



He is the kind of baby who watches everyone intently - in the supermarket trolley, leaning as far over as he can to make eye contact and then a big heart-warming smile, enough to melt even the hardest farmers

heart. Happy to idly chew on a toothpaste box, until we reach the checkout when the box is removed and then his disdain is expressed, loudly and vocally, until I find him another inedible chewtoy. Grandmothers cluck, checkout ladies coo while Hudson soaks up his adoring public affections with a shy gurgle - enjoy it while it lasts, little man!!

Jenny

Shortest day, great dinner

June 21st was officially the shortest day of 2019, so the Paparoa Sports & Recreation Association (PS&RA) committee decided that was a good reason to have a mid-winter Christmas dinner. About 70 people enjoyed a lovely dinner provided by the members of the committee and a great atmosphere was created with Christmas lights, decorations and even an oversized Christmas tree!

It was wonderful to see a mix of young and old, new people to the district as well as some who have been around a while! The committee is planning another community dinner in September after the real winter has been and gone, so look out for further info for that closer to the time.



HEY, KIDS ... MUD ANYONE?

Winter fun minus snow

WHAT'S FUN TO DO IN WINTER?

Snowboarding? This is hard to do in Paparoa, mostly due to lack of snow. So coming in a close second in terms of fun, is **MUD**.

Mud is almost a cousin of snow, but it is warmer, squishier and widely available wherever water meets the ground.

WHAT'S FUN TO DO IN MUD? .. Heaps!



Make mud pies in a mud kitchen - mums love pots being taken into the garden and filled with oozy mud!

Make mud art

- on a canvas with a brush,
- as a sculpture or
- paint it on your skin!

BENEFITS OF MUD

Not only is playing in mud simply fun, it actually strengthens your immune system, raises your serotonin levels (meaning you feel happy), reconnects you with nature and allows free play to be imaginative and creative.

Adults pay good money for mud bath spas- a secret that children have known all along. Mud relaxes and soothes.

Lets all get out into the mud this July!

Spring into a 'Retro' dance

**Saturday
September 7**

A 'RETRO DANCE NIGHT' is planned with 'old school' music from the 60's to the 80's in September. Think of rock'n'roll, country line dance music & classic hits of the pop era.

The band is 'Stagetalk' and there will be something to please most tastes. A bit of community fun for all and perhaps there will be some jive and rock'n'roll lessons available in preparation. Watch for details in August's Paparoa Press and save this date!

Organised by Paparoa Hall Committee.



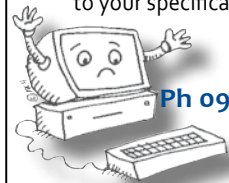
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Pruning roses in July

This month rose growers are busy pruning and tidying up their roses and their surroundings. Pick a fine dry day for this task. Tools I use include long handled loppers, secateurs, pruning saw, wire brush, and an old butcher's knife (for lightly cultivating the soil around the bushes), pruning paste and a container of water/disinfectant for dipping loppers, secateurs and knife after dealing with each plant.

Cut out any dead wood, thin out criss-crossing branches to allow good airflow. Prune to an outside bud by 1/3rd on remaining strong branches and coat cuts with pruning paste. Give the crowns a good brush to remove flaky bark which can harbour disease and insect pests (mites and aphids). Rake away fallen and diseased leaves to be burnt before lightly knifing soil around the bush to remove any weeds and to help aerate the soil which can be wet and compacted at this time of year. Finally lightly sprinkle a mix of lime and rose fertilizer, and spray bushes and surrounding ground with a mix of Copperox (fungicide) and oil to combat infestations of mite and aphids which breed under flaky bark and in the surrounding ground.

It's also an opportunity to replace old and weak bushes with new season roses which are now starting to appear in garden centres and nurseries. Plant them in fresh ground nearby, in a hole twice the size of the root base. Mix a handful of gypsum with the soil in the planting hole to loosen any heavy based soil, plus some blood and bone to promote good root growth. Prior to planting out fruit trees and roses soak them in their planting bags in a bucket of liquid seaweed/water mix to minimize transplant shock.

Jan R

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OUT & ABOUT AROUND TOWN

Our sincere condolences to Julie Harper and her extended whanau on the death of Colleen Taylor after a brave battle against multiple myeloma cancer. She is sadly missed by all her knew her.

Our condolences also to the Weber family on the death of Mrs June (Ken) Weber. A wonderful, gracious lady who lived a fulfilled life and

many will remember her as a museum volunteer.

Wanted urgently: the return of hall chairs! A substantial number of the blue upholstered PAPAROOA HALL chairs have gone missing. Whilst repairing chairs and tables to avoid unnecessary scratching of the recently resealed floor, the committee has found, to their horror, that 19 chairs are no longer where they should be! **IF YOU KNOW** where they are please inform Robyn at Skelton's Drapery. Reward offered - chocolate fish, thank you in advance.

Paparooa War Memorial Hall Society AGM, 31 July 7.30pm. All very welcome. Come along and show your support for this community asset.

Paparooa Library is open Tuesdays and Thursdays 10am-4pm, Saturdays 9.30am-12midday. Outside these hours a BOOK RETURN box is at at Skelton's Drapery.

Needing a delivery of Lions firewood? During July call Ruth 021 443 969.

**Announcing
The Kauri Museum's
Poetry Competition**
to celebrate
National Poetry Day Aug 24

The theme is:
**'Voyaging' - to, in and
around the Kaipara**

Enries accepted from
Aug 24 to Sept 12

Send entries to
press@paparooa.org.nz

Full details entry and prizes
www.kaurimuseum.com

**Expertise
wanted!**

- ◆ Sponsorship and funding co-ordinator
- ◆ IT website person

NKAA and Paparooa A&P Show are looking for one or more people who could help to make applications for sponsorship and funding. They would not necessarily have to attend regular meetings but would need to submit applications for various grants and the like which may require getting quotes and form filling.

Also if anyone is IT minded we desperately need to update our website and get it more user friendly. Anyone who could help please contact me 027 222 5009 or email jekhames@gmail.com

Janine Hames, president



HOOK, LINE & SINKER

Fishing is a bit quiet at the moment. While there are plenty of kahawai around, snapper are in short supply although the few that have been caught have been of the larger variety.

With the water a bit colder the fish seem to have left the Kaipara at the moment, so you need to be prepared to spend longer out fishing.

Happy fishing!



Kaipara Marchers Raffle Winners



Janice Thompson,
Dargaville
Cecilia Chapman,
Maungaturoto

Congratulations!

Many thank yous to all those who participated and supported 😊



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WHAT'S ON - JULY 2019

The Kauri Museum open 7 days, annual passes available for Otamatea residents

Exhibitions: Matariki Primary Schools' Art from 10 June
'Creating with Kauri' exhibition from 9 June
Textiles exhibition, 'The Perfect Accessory'

'Hunt for the Wilderpeople' - Movie, Paparoa Hall 12 & 13 July 7pm (see page 3)

Paparoa Community Library school holiday programme See details page 7

Drumming course Starts 1 August, Paparoa Hall (see article page 4)

ORT Razzle Dazzle Showcase afternoon 3 August 2.30pm (see page 6)

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa

Ararua Church 10.30am every Sunday, All welcome ph 431 6622

Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554

Arty Farties Thur/Fri/Sun at the "Tile Shed"; Garage sale Sundays 10am to 2pm;

Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults ph Pete 431 6822

Crafternoons 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Jo 431 7219

Exercise to Music Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418

Farmers' Market Every Saturday 9-noon, Village Green. Contact Ruth 021 433 969

Grey Power Last Wed in month, 1pm, Anglican Church Hall, MgtO

Kaipara Marching Team Weds 4-5.30pm, M'gto, ph Rose Plunkett 431 7418

Line Dancing Thurs 10am-noon Paparoa Hall ph Rose 431 7418

Mainly Music Wed 9.30am Paparoa Comm Church, Carolyn Poyner 4316008

Mahjong twice monthly on a Tuesday. Call Marian Harkness 431 6332.

Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm

Maungaturoto and Districts Rotary Club Maungaturoto Centennial Hall,

Tuesday evenings 6pm, ph Stella 021 149 0877

Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262

Outdoor Bowls Maungaturoto Green ph Tony 431 6026 or Brian 431 6884

Pahi Hall available for hire ph Sherryl Corbett 431 7127

Paparoa Community Church 10.30am every Sunday, 4 Hook Road 431 7106

Paparoa Garden Circle 2nd Wed of month Marg Bailey secretary. 09 280 9897

Paparoa Hall Functions venue ph Robyn 431 7306 or a/h Loraine 431 7290

Paparoa Library open Tues & Thurs 10am-4pm, Saturday 9.30-12noon

Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion

Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome

ph Bianca 431 6730 txt 021 782 456 or ph Jane 431 6148 paparoa@playcentre.org.nz

Paparoa Primary School Term 2 - 29 April - 5 July; Term 3 starts July 22

Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330

Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Tuesday of the month 6.30pm Depot Rd ph Cohan 431 6668

Plunket Ready Steady Wriggle Mon 10am Sports Pav. Tina Ball 021 033 5128

Qi gong Anamana Studio, Pahi Road. John 021 135 3222

Selwyn Centre Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193

Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148

St Mary's Catholic Church 10am Wed, 6pm Sat, Maungaturoto

Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822

Tennis Winter play Friday mornings 9.30am: ph Sue 431 6224

White Rock Gallery Open at new venue The Kauri Museum 7 days

Yoga Chair Yoga - Tuesdays & Fridays, 9.30am Paparoa Sports Pavilion \$7/class

Monday: 6pm MgtO Centennial Hall: ph Jenny 021 114 3370

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

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Paparoa County Depot Trust

Annual General Meeting Paparoa War Memorial Hall Society Inc.



Paparoa Hall

31st July 2019

7.30 p.m.

Everyone very welcome

L. Rowlands, Secretary

Website Paparoa.org.nz

Find out about putting your business on the website or to change your details email the administrator Paul Edlin
info@sme-sitedesign.co.nz

LOCAL TIDES for July 2019

JULY TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	3.40pm	9.36am	17th	5.18pm	11.25am
2nd	4.28pm	10.26am	18th	5.56pm	12.04pm
3rd	5.15pm	11.15am	19th	6.20am	12.42pm
4th	6.03pm	12.05pm	20th	6.57am	1.18pm
5th	6.32am	12.56pm	21st	7.34am	1.55pm
6th	7.23am	1.48pm	22nd	8.12am	2.33pm
7th	8.15am	2.40pm	23rd	8.52am	3.14pm
8th	9.09am	3.35pm	24th	9.35am	4.00pm
9th	10.05am	4.33pm	25th	10.22am	4.51pm
10th	11.04am	5.35pm	26th	11.16am	5.51pm
11th	12.05pm	6.41pm	27th	12.16pm	6.55pm
12th	1.08pm	7.09am	28th	1.19pm	7.14am
13th	2.09pm	8.10am	29th	2.21pm	8.15am
14th	3.04pm	9.06am	30th	3.17pm	9.13am
15th	3.53pm	9.57am	31st	4.10pm	10.08am
16th	4.37pm	10.43am			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576

Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222

For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
Mangawhai Office..... 0800 100 388

LINKING HANDS Health Shuttle Service, Maungaturoto 09 431 8969

LIONS CLUB PAPAROA Secretary Mark Pilkington09 431 7369

MAUNGATUROTO PHARMACY 09 431 8045

MAUNGATUROTO REST HOME 09 431 8696

NKT RECYCLING Huarau Road 10am - 2pm Mon-Sat..... 09 431 8304

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

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PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET Clinic 4317340 Cynthia Keay 0276753488

PLUNKET Helpline 0800 933 922

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School news & activities

CROSS COUNTRY

On 30th May our tamariki travelled to Matakoho School to participate in an interschool cross country event with Matakoho and Tinopai Schools. It was an excellent day, filled with competition and social opportunities. Winners from this have been selected to represent our school at the Northern Wairoa cross country event.

MATARIKI

The Kauri Museum opened its doors to several schools for their annual Matariki event. Paparoa School supplied a 'Matariki and Ocean' themed art board, learnt about kauri carving, the history of kauri logging and performed kapahaka, led by Matua Perry.

LIFE EDUCATION

Paparoa was lucky enough to be visited by Harold the Giraffe and Nadine from Life Education. There were some fabulous lessons about relationships, thanks Nadine.

SCIENCE FAIR PROJECT

Students have been working hard all term on a kauri themed Science Fair project. There is a lot of new learning for students and children are looking forward to the winning ones going on display in The Kauri Museum.



Paparoa School's 'We All Swim in Unison'

COURTS REPLACEMENT Over the last 3 weeks, students and staff have been taking part in some very authentic learning with our court replacement. When completed this multipurpose astroturf will have basketball, netball and tennis, as well as several fun activities for children. We are delighted with the progress and can't wait for completion.

ARBOR DAY

Children took part in Arbor Day planting two kauri trees. Thank



Planting kauri on Arbor Day

you to Deb and the Kauri Museum for organising these trees.

BOARD OF TRUSTEES

Recently schools have been running elections for Boards of Trustees. We at Paparoa have been fortunate to retain much of our dedicated Board. A huge thank you to Julie Holcroft, who has stepped down after many years serving our school as a Board member and Board Chair. Your support and guidance will be missed.

Stay tuned for more from Paparoa School!

Simon Schuster



Interschool Cross Country - Ready, Set, Go

5Q's for Jas Futter Paparoa Library Manager

Who: Jas Futter, new library manager for the re-opened, re-freshed Paparoa Library

Where are you from: Wellington originally

When did you move here: 2002

Why did you decide to volunteer at the library: I love books, and I like people. I read from a very early age, as I had a brother who started buying me books when I was 4

What do you love about Paparoa : Now that I'm retired, I have seen a different side to life here, it's a nice village. It's somewhere I like to be, and I have a good circle of friends. PP



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